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(54) Title: METHOD AND INSTRUMENTATION FOR VERTEBRAL INTERBODY FUSION		
(57) Abstract		
<p>A method and instrumentation particularly adapted for disc space preparation from an anterior approach to the spine. In one aspect, an expandable template (10) is provided having guides (26 and 24) to guide a cutting device (601) for bilateral formation of openings in the disc space. In another aspect, an improved guide member (450) is provided for guiding a cutting tool. Still further, the invention provides an improved double barrel guide sleeve (100) with a central distraction extension (116) and lateral non-distracting extensions (118 and 120). Optionally, the guide sleeve (100) includes windows (110 and 112) and a cover (160) to selectively cover the windows. An improved reamer (200) with an internal chamber (209) and optional modular coupling (254) is also provided. A depth stop (326) is provided to selectively engage a tool shaft (360) and a guide sleeve (370) to control tool penetration into the disc space. A method of using the disclosed instruments is also provided.</p>		

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**METHOD AND INSTRUMENTATION FOR VERTEBRAL INTERBODY  
FUSION**

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**CROSS-REFERENCE TO RELATED APPLICATION**

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This application claims the benefit of U.S. Provisional Application No. 60/081,206, filed April 9, 1999.

15

**BACKGROUND OF THE INVENTION**

The present invention relates generally to surgical procedures for spinal stabilization and more specifically to instrumentation adapted for inserting a spinal implant within the intervertebral disc space between adjacent vertebra. More 20 particularly, while aspects of the invention may have other applications, the present invention is especially suited for disc space preparation and implant insertion into a disc space from a generally anterior approach to the spine.

Various surgical methods have been devised for the implantation of fusion devices into the disc space. Both anterior and posterior surgical approaches have 25 been used for interbody fusions. In 1956, Ralph Cloward developed a method and instrumentation for anterior spinal interbody fusion of the cervical spine. Cloward surgically removed the disc material and placed a tubular drill guide with a large foot plate and prongs over an alignment rod and then embedded the prongs into adjacent vertebrae. The drill guide served to maintain the alignment of the 30 vertebrae and facilitated the reaming out of bone material adjacent the disc space. The reaming process created a bore to accommodate a bone dowel implant. The drill guide was thereafter removed following the reaming process to allow for the passage of the bone dowel which had an outer diameter significantly larger than

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the reamed bore and the inner diameter of the drill guide. The removal of the drill guide left the dowel insertion phase completely unprotected.

More recent techniques have advanced this concept and have provided further protection for sensitive tissue during disc space preparation and dowel insertion.

5 Such techniques have been applied to an anterior approach to the lumbar spine. In one approach, a unilateral template has been provided to evaluate the space in the disc space. For bilateral implant placement, the template entire device must be rotated and visually aligned to approximately 180° from the previous position. Thus, there is the chance for operator error in rotating the device to the correct position. Further, there  
10 is little guidance to ensure proper alignment of cutting instruments extending through the template.

One approach to provide such alignment is the use of a guide wire extending through a cannulated cutting instrument, such as a trephine. However, for instruments with hollow cutting heads, there is typically no engagement between the inner walls  
15 of the hollow cutting head and the guide wire. Thus, the guide wire may bend between the portion extending into the tissue and the guide wire entrance into the cannula of the instrument. As a result, the hollow cutting head may not remain in substantial alignment with the guide wire, resulting in improper opening formation. Therefore, there remains a need for improved guiding mechanisms for cutting  
20 instruments.

Once an initial opening or openings have been made in the disc space, the height of the disc space is normally distracted to approximate the normal height. Typically, a first distractor with a height estimated by CT or MRI examination is inserted. If additional distraction is required, the first distractor is removed and a  
25 second, larger distractor is inserted. However, since the positioning of the distractors is usually performed without the benefit of protective guide sleeves, the switching of distractors increases the potential for damage to neurovascular structures and may increase the time of the procedure.

For bilateral procedures, a double barrel sleeve may be inserted over a pair of  
30 previously placed distractors with a central extension extending into the disc space to

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maintain distraction. One limitation on guide sleeve placement is the amount of neurovascular retraction that must be achieved to place the guide sleeves against the disc space. For some patients, a double barrel sleeve may not be used because there is insufficient space to accept the sleeve assembly. Further, although the distal end of

5       the sleeve assembly may be configured to engage the vertebral surface, if material has been removed from the disc space, there is the potential that adjacent neurovascular structures may encroach on the working channels in the disc space, resulting in damage to these structures caused by contact with instruments. While visualization windows on the guide sleeve may assist in better visualization of procedure steps and

10      verifying unobstructed working channels prior to tool insertion, the windows themselves may allow tissue to come into contact with instruments in the working channels. Thus, there remains a need for guide sleeves requiring reduced neurovascular retraction for proper placement and providing greater protection to adjacent tissue.

15      With guide sleeves in place, the disc space and end plates may be prepared for receipt of an implant. Typically, cutting instruments are advanced to remove disc material and bone. Such operations may be time consuming since it is often necessary to adjust depth stop equipment and to remove the instruments to remove cutting debris. Since it is desirable to shorten the time of the operative procedure,

20      there remains a need for improved cutting instruments and depth stop mechanisms.

While the above-described techniques are advances, improvement is still needed in the instruments and methods. The present invention is directed to this need and provides more effective methods and instrumentation for achieving the same.

## SUMMARY OF THE INVENTION

The present invention relates to methods and instrumentation for vertebral interbody fusion. In one form, the method contemplates gaining access to at least a portion of the spine, marking the entrance point or points in the disc space, creating an initial opening in the disc space through a template, distracting the disc space and positioning an outer sleeve defining an interior working channel adjacent the disc space. In a preferred embodiment, the template can be inserted in a reduced sized configuration, with a first portion engaging the tissue. The template may then be manipulated to a larger configuration for bilateral insertion procedures by movement of a second portion, without repositioning the first portion. Additionally, a template according to the present invention may include trephine guides that accommodate a variety of different diameter trephine cutting heads. Specifically, trephines according to the present invention may include an upper shaft having a uniform diameter regardless of trephine cutting head diameter. Thus, the upper guides of the template maintain the trephine in axial alignment regardless of whether the lower guide engages the trephine head. In another aspect of the invention, an improved guide member is provided to maintain alignment of cutting instruments.

Once an initial opening or openings have been defined in the disc space, a distractor may be inserted to distract the disc space to the desired height. Various distractors according to the present invention may be used to distract the disc space. One such distractor has a first position that provides a first working distraction height in the disc space and a second position that provides a greater second working distraction height. Should the first working distraction height be insufficient, the distractor according to the present invention may be rotated one quarter turn to create a second greater distraction height in the disc space. Additionally, in a further preferred aspect of the invention, a modular distractor mechanism according to the present invention may be configured to accept many different rotatable distractor tips and may releasably engage the tips such that a distractor tip may be left in the disc

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space while permitting withdrawal of the distractor tool shaft. With such a configuration, a single distractor tool shaft may be used with various tips, thereby limiting the total number of complete distractor instruments required. Additionally, distractor tips may be made of radiolucent material that will not inhibit x-ray imaging of the disc space. Such distractor tips may include radiographic markers to indicate the ends and/or outer edges of the device and markers to indicate the rotational alignment of the distractors in the disc space.

Once the desired distraction of the disc space has been achieved, the handle of the distractor may be removed and an outer sleeve positioned over the distractor. For 10 a bilateral approach, one or both of the distractors may be left in position and a double barrel sleeve positioned over the distractors and advanced toward the disc space. A further step that may be performed in a preferred embodiment is to select a removable distal tip for the outer sleeve that matches the height of disc space distraction and the diameter of the implant. Thus, an outer sleeve may be used with interchangeable 15 distal tips to accomplish the insertion. Whether single or double, the sleeve is advanced until the leading distractor portion of the outer sleeve is adjacent the disc space. If necessary, a driving cap may be positioned over the proximal end of the outer sleeve. The outer sleeve is then driven into position, preferably with a spike or series of spikes engaging vertebrae adjacent the disc space.

20 Although various sleeves are known in the art, in a preferred embodiment, outer sleeves according to the present invention have a reduced width portion adjacent the distal end to limit the amount of retraction of the surrounding vascular and neural structures required for the procedure. In a preferred form, a double barrel sleeve assembly includes a central distraction flange having a first height and an opposing 25 pair of lateral extensions having a second height, less than the first height. The lateral extensions provide protection from encroachment of tissue into the working area in the disc space. A further aspect of a preferred embodiment includes the provision of visualization windows along the outer sleeve for visual access to the interior working channel while instruments are in the working channel. Various combinations of 30 windows are disclosed to accomplish the desired visualization. While visualization is

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desirable, having openings in the outer sleeve may allow surrounding vessels and tissue to migrate into the working channel of the outer sleeve. Tissue and vessels present in the working channel may be damaged by insertion and removal of the tools (often with cutting edges) or during use of those tools. Thus, the present invention  
5 contemplates covers over the windows that may be selectively opened for visualization and closed to prevent tissue and vessel infiltration. Additionally, the covers or the outer sleeve may be transparent to allow visualization through the windows without removing the covers or directly through the sleeve. In a similar manner, an image guidance system such as that available under the tradename  
10 STEALTH may be used in conjunction with the present system to monitor the advancement and positioning of instruments and implants. Even without the use of an imaging system, the present invention discloses the use of manually adjustable depth stop that may be used to control the steps of trephining, reaming, tapping, and dowel insertion. The term dowel is used in a broad sense throughout the disclosure and is  
15 intended to encompass dowels made of bone, metallic cages and other implants used for interbody fusion regardless of shape or material of construction.

One aspect of the present invention comprises an outer sleeve with a visualization window disposed adjacent a distal end and a cover removably covering the window. In one preferred embodiment, the cover includes a flange adjacent the  
20 distal end to mobilize vessels and other tissue away from the ends of the outer sleeve. In one form, the cover is slidably disposed on the upper surface of the tube or tubes to cover only the upper windows. In another form, the cover is slidably positioned on the tube to cover the upper and lower windows of the tube.

In yet another aspect, the outer sleeve has a double barrel configuration. The  
25 bone engagement end of the outer sleeve includes a first flange having a first height sufficient to maintain distraction. Preferably, the bone engaging end also includes a pair of opposing lateral extensions having a second height less than the first height. The lateral extensions are intended to inhibit lateral encroachment of tissue into the working area in the disc space but are not limited to maintain distraction.

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Another aspect of the present invention comprises an adjustable stop mounted on a tool shaft. The stop is selectively engageable with the tool shaft at a plurality of locations along the tool shaft by axial movement of a collar to control the position of the stop engaging portions. With the collar in a first position, the engaging portions  
5 are disengaged from the tool space. With the collar in a second position, the engaging portion is urged into engagement with the shaft. The tool shaft is sized to be received within an outer sleeve and the stop is sized to prevent passage within the outer sleeve. Thus, the stop may be selectively coupled to the tool shaft to control the extent of tool shaft that may be received within the outer sleeve. Although not required, in one  
10 embodiment the stop includes a viewing window and the tool shaft includes markings, whereby the markings are calibrated to indicate to the user the extent of tool shaft extending beyond a distal end of the outer sleeve.

Still another aspect of the invention comprises a reamer with a reaming head having a plurality of reaming apertures in communication with an internal channel.  
15 The internal channel extends within the reaming head and proximally along at least a portion of the reamer shaft. The internal channel includes a proximal segment extending non-parallel to the longitudinal axis of the reamer shaft, whereby reaming debris may be transferred to the exterior of the reaming shaft.

The present invention further contemplates a method for interbody fusion comprising, positioning a template adjacent a fusion site, forming at least one initial opening in the disc space, distracting the disc space, placing a distal portion of an outer sleeve into the disc space, the outer sleeve including at least one visualization window and cover removable disposed over the windows and visualizing the surgical site through the windows. Preferably, the method also includes removing the cover to  
20 expose the window prior to visualization. Further, the method may include the step of enlarging the opening with cutting tools and may further include attaching an adjustable depth stop to the tool shaft prior to extension beyond the distal end of the outer sleeve.

Related objects and advantages of the present invention will be apparent from  
30 the following brief description of the drawings.

## BRIEF DESCRIPTION OF THE DRAWINGS

Fig. 1a is a perspective view of an expandable template according to the present  
5 invention.

Fig. 1b is a side elevational view of the template of Fig. 1a.

Fig. 1c is front view of the template of Fig. 1a.

Fig. 1d is a top view of the template of Fig. 1a.

Fig. 1e is a bottom view of the template of Fig. 1a.

10 Fig. 1f is an enlarged perspective view of the engaging end of the template of  
Fig. 1a.

Fig. 2a is a perspective view of the template of Fig. 1a in an expanded  
condition.

Fig. 2b is a top view of the template of Fig. 2a.

15 Fig. 3a is a side view of another embodiment of an expandable template  
according to the present invention with a trephine disposed therein.

Fig. 3b is a top view of the expandable template of Fig. 3a showing the locking  
mechanism.

Fig. 4a is a perspective view of a guide member and trephine according to the  
20 present invention.

Fig. 4b is an enlarged perspective view of a portion of Fig. 4a.

Fig. 5a is a perspective view of a distractor according to the present invention.

Fig. 5b is an enlarged front view of the tip of the distractor of Fig. 5a.

Fig. 5c is an enlarged side view of the tip of the distractor of Fig. 5a.

25 Fig. 6 is a perspective view of a guide sleeve assembly according to another  
aspect of the present invention.

Fig. 7 is a front view of the guide sleeve assembly of Fig. 6.

Fig. 8 is a side view of the guide sleeve assembly of Fig. 6.

Fig. 9 is a partial cross-sectional side view of a guide sleeve assembly with a  
30 removable tip.

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Fig. 10 is a perspective view of a guide sleeve assembly with a cover according to the present invention.

Fig. 11 is an end view of the guide sleeve assembly of Fig. 10.

Fig. 12 is a front view of one embodiment of a guide sleeve window cover  
5 according to the present invention.

Fig. 13 is a front view of a guide sleeve assembly with the cover of Fig. 12 mounted thereon.

Fig. 14 is a perspective view of an engaging end of a guide sleeve assembly with another embodiment of a window cover according to the present invention.

10 Fig. 15a is a side view of a window cover.

Fig. 15b is an end view of the window cover of Fig. 15a.

Fig. 16a is still a further embodiment of a window cover in accordance with the present invention.

Fig. 16b is an end view of the window cover of Fig. 16a.

15 Fig. 17 is an anterior to posterior view of a guide sleeve assembly with window covers according to Fig. 15 disposed thereon, the guide sleeve assembly is positioned in relation to a pair of adjacent vertebral bodies and blood vessels.

Fig. 18 is a partial cross-sectional top view of a guide sleeve assembly with only one window cover positioned thereon, a portion of the guide sleeve assembly  
20 extending into the disc space.

Fig. 19 is a side view of a hollow headed reamer in accordance with another aspect of the present invention.

Fig. 20 is the reamer of Fig. 19 rotated 90 degrees about the shaft longitudinal axis.

25 Fig. 21 is an enlarged partial cross-sectional view of the head of the reamer of Fig. 19.

Fig. 22 is a side view of a clean out tool for use with the hollow reamer head of Fig. 19.

Fig. 23 is a top view of the clean out tool of Fig. 22.

30 Fig. 24 is a side view of a tap in accordance with the present invention.

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Fig. 25 is a side view of a tap having a removable tap head in accordance with another aspect of the present invention.

Fig. 26a is a side view of a reamer having a removable reamer head in accordance with another aspect of the present invention.

5 Fig. 26b is a partial cross-sectional view of the connection mechanism of Fig. 26a.

Fig. 27 is a perspective view of a depth stop according to the present invention with the collar partially retracted to expose the locking fingers.

Fig. 28 is a side view of the depth stop of Fig. 27.

10 Fig. 29 is a cross sectional view taken along line 29-29 of Fig. 28.

Fig. 30 is a front view of the depth stop of Fig. 27 with the collar fully extended.

Fig. 31 is a side view of an alternative embodiment of a depth stop in accordance with the present invention.

15 Fig. 32 is a partial side view illustrating the depth stop of Fig. 31 in engagement in with a tool shaft.

## DESCRIPTION OF THE PREFERRED EMBODIMENTS

For the purposes of promoting an understanding of the principles of the invention, reference will now be made to the embodiments illustrated in the drawings and specific language will be used to describe the same. It will nevertheless be understood that no limitation of the scope of the invention is thereby intended, such alterations and further modifications in the illustrated device, and such further applications of the principles of the invention as illustrated therein being contemplated as would normally occur to one skilled in the art to which the invention relates.

The present invention relates to methods and instrumentation for performing vertebral interbody fusion. Specifically, although aspects of the present invention may have other uses either alone or in combinations, the instruments and methods disclosed herein are particularly useful for anterior lumbar interbody fusion. Provisional application 60/081,206 filed April 9, 1998 is incorporated herein by reference.

Referring now to Figs. 1(a) through (f), there is shown an intraoperative template 10 for use in interbody fusion. Intraoperative template 10 includes a central anchoring pin 12 and two supplemental anchoring pins 14 and 16. These pins are adapted to be driven into vertebral bodies or other tissue adjacent a disc space to anchor the intraoperative template 10 in the proper location. Template 10 includes an outer shaft 18 interconnected with handle 22 and an inner shaft 20 disposed within outer shaft 18. Inner shaft 20 extends to encompass pin 12. Outer shaft 18 is rotatable with respect to inner shaft 20. Disposed adjacent the distal end of template 10 are guide members 24 and 26 connected to inner shaft 20 and outer shaft 18, respectively. Preferably, guide members 24 and 26 are substantially circular plates having an aperture therein. Guide members 24 and 26 define openings 28 and 30, respectively, adapted to receive a trephine tool therethrough. Trephine guides 34 and 36 are positioned along outer shaft 18 and have openings 40 and 42, respectively, in

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alignment along axis 31 and are sized to receive a trephine tool shaft. In an alternative embodiment, it is contemplated that inner shaft 20 may be connected to guide member 26 and outer shaft 18 may be connected to guide member 24.

In a first reduced size configuration for unilateral templating and guiding,  
5 shown in Fig. 1a, guide members 24 and 26 are axially aligned along axis 31 with openings 28 and 30, respectively, in similar alignment. In this reduced size configuration, the expandable template may be inserted into the body through a relatively small opening and the template may be used for unilateral templating and guiding of a trephine. In this position, a trephine may be guided through guides 34  
10 and 36 and guide members 24 and 26 to engage the tissue below. Moreover, referring to Fig. 3a, a trephine according to the present invention may have a uniform diameter along most of its shaft such that it is a close fit within guides 34 and 36. The close fit in guides 34 and 36 maintains axial alignment, while permitting trephine shaft rotation. Thus, a single template 10 may be used with a variety of sizes of trephine  
15 head diameters, provided the shaft has a substantially uniform diameter.

Referring now to Fig. 1a, handle 22 is connected to outer tube 18 and may be rotated in the direction of arrow 32 to a bilateral templating and guiding position. This action rotates outer shaft 18 with respect to inner shaft 20. Guiding member 26, guide 34 and guide 36 are connected to outer shaft 18 and therefore rotate when  
20 handle 22 is moved. In contrast, first guide member 24 is interconnected with inner shaft 20 and remains stationary upon rotation of handle 22. As shown in Fig. 2a, handle 22 is rotated approximately 180 degrees to align second template 26 approximately 180 degrees from first template 24 and thereby expand the template to its bilateral trephining position. Thus, a trephine procedure may be conducted along  
25 axis 33 through guides 34 and 36 and second member 26 to cut an opening in the disc space. Axis 33 is spaced from axis 31 by a distance "D" representing the distance of spacing of the midpoints between implants to be inserted. Figs. 2a and 2b show the first and second templates rotated 180 degrees with respect to one another. Fig 2b shows a top view of a bilateral templating and guiding configuration. In this  
30 expanded configuration, the outer edges of guide members 24 and 26 define the total

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area necessary for placement of implants and instruments having a specific configuration and size. While in a preferred embodiment, cylindrical implants having diameters of 16mm, 18mm or 20mm may be used, it is contemplated that other diameters may be used and other shapes such as, but without limitation, squares and rectangles.

Shown in dashed line in Fig. 2b is a groove 39 formed in guide member 24 and projection 37 defined on guide member 26 and extending into groove 39. It will be understood that the engagement between groove 39 and projection 37 maintains alignment and limits rotation to 180 degrees. Thus, template 10 may be moved 10 between the reduced size configuration and expanded configuration, but the groove and projection engagement limit further movement and will provide a positive indication of 180° rotation, thereby eliminating the requirement for visual alignment with the first position.

Referring now to Fig. 3a, there is illustrated a further embodiment of an 15 expandable template according to the present invention. Template 600 is substantially identical to template 10 previously disclosed above, with the exception that template 600 includes a locking mechanism 613. Expandable template 600 includes a handle 626 connected to outer shaft 622. As in the previous embodiment, template 600 includes a first guide member connected to inner shaft 624 and a second guide 20 member 606 connected to outer shaft 622. First guide member 608 includes spike 612 and inner shaft 624 extends to form central spike 610. Outer shaft includes guides 602 and 604. As shown in Fig. 3a, a trephine 601 may be positioned through guides 602 and 604, and through guide member 606. The cutting head 605 includes cutting teeth 611, a series of index markings 607 and a window 609 to visualize the 25 contents in the hollow interior. Preferably, trephine 601 includes a central cannula 603 extending from the handle to the cutting head.

A locking mechanism 613 is disposed between the inner and outer shafts to prevent rotation. Referring to Fig. 3b, locking arm 614 is pivotally attached to inner shaft 624 by pivot pin 620. The locking arm may be pivoted to extend through slot 30 616 in the outer shaft and slot 618 in the inner shaft. It will be understood that with

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locking arm disposed in the slots the inner and outer shaft will be prevented from rotation. In a first locked position, the shafts are aligned as shown in Fig. 1a in the reduced size configuration. In a second locked position, the shafts are aligned as shown in Fig. 3a in the expanded bilateral templating configuration. It will be  
5 understood that the expandable, rotatable template of the present invention permits insertion of the device through a smaller opening than would have been permitted with a fixed relation double trephine opening template. Further, the expandable template may be locked in either a unilateral or a bilateral position. Locking engagement in the bilateral position insures accurate bilateral placement with  
10 consistency that would not be readily achievable with a unilateral template particularly where the surgeon must reposition the device by visual alignment. Subsequently, the device may be rotated to an expanded configuration suitable for trephine guiding to form bilateral openings without removing the instrument.

In use, access to an anterior portion of the spinal column is achieved by known  
15 method. Blood vessels, particularly the aorta, vena cava, and branches thereof are mobilized to provide space for bilateral implant placement. With the template in the reduced size configuration of Fig. 1a, the template is inserted into the body and advanced until the pins are disposed adjacent a disc space. The circumference of the template guide member is selected to the circumference needed for bilateral  
20 placement of a pair of implants. More specifically, the area of the guide members of Fig. 2b closely approximate the area needed for placement of the double barrel guide sleeve disclosed herein, see for example Fig. 11. Central pin 12 is disposed centrally between the intended location of the implants. In either the unilateral or expanded bilateral condition, the template may be disposed adjacent the disc space to measure  
25 the space available for implant and instrument placement. If the space appears too small, a smaller sized template may be inserted to evaluate the space. In the bilateral condition, the template approximates the area needed for implant and instrument placement. Vessels disposed within the templated area may need to be mobilized outside the area or an alternative implant size or approach may be utilized. Further,  
30 osteophytes that appear within the templated area may be removed to prepare for

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engagement with a guide sleeve. Once the area is cleared, the pins are inserted into the tissue of the disc space and/or adjacent vertebra to anchor the template, thereby maintaining its position during subsequent steps. As shown in Fig. 3a, a trephine is inserted into the guides and through the guiding members. The trephine is cuttingly

5 advanced into the disc tissue to form an opening therein. The trephine may then be at least partially removed from the template to permit movement between the first and second guide members. If a lock mechanism is used, the locking arm must be moved to an unlocked position and the handle rotated to rotate the upper guide member to the expanded bilateral templating position. The trephine is reinserted and advanced

10 through the upper guide member to form a second opening aligned with and offset a distance D from the first opening. Thus, the template permits controlled bilateral opening formation through an expandable and collapsible template. The template may be collapsed into its reduced size form and withdrawn after completion of the trephining operation.

15 Referring now to Figs. 4a and 4b, there is shown a further guiding device according to the present invention. Guiding member 450 includes an elongated shaft 430 having a substantially uniform diameter over most of its length. Shaft 430 includes a distal portion adapted for guiding a cutting instrument having a hollow cutting head. The distal portion of shaft 430 includes distal end 432 having a sharpened tip 434 adapted to penetrate tissue, specifically tissue disposed in the disc space. Distal end 432 includes markings 444 which indicate the extent of shaft 430 disposed in the disc space. Although guide member is preferably formed of stainless steel, other bio-compatible materials are contemplated. Specifically, shaft 430 may be formed of a radiolucent material and markings 444 may be radiopaque. Adjacent

20 distal end 432 is enlarged portion 436 having a diameter substantially greater than the shaft diameter. Enlarged portion 436 is adapted to prevent further advancement of guiding member 450 into the tissue and to guide the cutting of the cutting tool.

25 Enlarged portion 436 preferably includes a planar surface 442 substantially perpendicular to the longitudinal axis of shaft 430. A substantially spherical surface

30 440 is disposed adjacent planar surface 442. This is followed by a tapering conical

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surface 438 that is adapted to align the cutting head over enlarged end 436. It will be understood that the internal surface of cutting head 426 defining opening 428 engages the transition line 448 between spherical surface 440 and taper surface 438. The diameter of transition line 448 substantially matches the internal diameter of cutting head 426 to provide a close fit for maintaining alignment.

In use, guide member 450 is inserted into the body with distal end 432 fully inserted into the tissue of interest, preferably disc tissue although other uses are contemplated. Cutting tool 420 is advanced over guide member 450 with shaft 422 in substantial alignment with shaft 430 extending through channel 427. While a trephine 10 is illustrated, other cutting tools such as, but without limitation, reamers and non-rotary cutting tools may be used with guide members according to the present invention. Cutting teeth 425 are positioned adjacent enlarged portion 436 and are advanced until the cutting teeth surround the enlarged portion. It will be understood that if cutting teeth are offset with respect to enlarged portion 436, the teeth will 15 engage a portion of conical surface 438 and thereby be urged into alignment. Enlarged portion 436 is received within chamber 428 and cutting teeth 425 are advanced along distal portion 432 until conical surface 428 abuts internal conical surface 429 to prevent further advancement. The assembly may be withdrawn with the cut tissue impaled by distal portion 432. The tissue may be removed from 20 chamber 428 by advancing the guide member with respect to the cutting head such that the enlarged portion urges the tissue out of the hollow interior. This may be particularly helpful where the cutting tool is used to extract a bone graft. The depth of cutting teeth penetration may be adjusted by placement of the enlarged portion. Additionally, while only a single enlarged portion is shown, more than one may be 25 positioned on the shaft to further adjust the guide member depth and cutting depth of the tool.

Referring now to Figs. 5a-c, there is shown a disc space distracter 50 according to one aspect of the present invention. Distractor 50 includes a proximal end 53 configured as an enlarged end for engagement with a conventional Hudson 30 connection on a T-handle (not shown). Shaft 54 is joined with a distracter tip 56.

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While an integral shaft and head are shown, head 56 may be removably attached to shaft 54. One such removable attachment is more fully disclosed in provisional application 60/081,206 incorporated herein by reference. Distracter tip 56 is designed such that it can be inserted in a disc space to establish a first working distraction  
5 height 72 (see Fig. 5b), which is less than a second working distraction height 70 (see Fig. 5c). More specifically, distracter tip 56 has a rounded leading edge 62 that extends to opposing inclined surfaces 58 and 59 which extending more proximally blend into substantially planar opposing surfaces 60 and 61, respectively. Planar surfaces 60 and 61 extend in parallel alignment along the longitudinal axis of the  
10 distracter to establish height 72. It will be understood that the inclined surfaces 58 and 59 cooperate to ease insertion into the disc space and to initially distract the disc space to at least a height 72. If first height 72 is sufficient, further procedures as known in the art may then be carried out to accomplish implant insertion.  
Alternatively, rounded leading edge 62 permits the distractor to be inserted to directly  
15 achieve second distraction height 70.

In an alternative aspect, should first height 72 be insufficient, head 56 may be rotated a quarter turn, or 90 degrees, to the position shown in Fig. 5c. Rounded surfaces 64 and 66 engage the bone to urge it apart and into a second larger distracted height 70. It will be understood that utilization of a distracter tip as disclosed in the  
20 present invention, permits a two-height distraction of the disc space that may be carried out with a single instrument and without removing the instrument from the disc space. This offers an advantage to the surgeon of a single instrument offering multiple useful distraction heights. Thus, a surgeon may initially believe a disc space will need a first amount of distraction. After insertion of the distractor, the surgeon  
25 may discover that further distraction is required. In this situation, a distractor according to the present invention allows further distraction without instrument withdrawal. Moreover, distractor head 56 limits the number of instruments that must be made available to surgeon to accomplish a surgical procedure by providing two working distraction heights on a single tool. Specifically, but without limitation, the  
30 distraction heads may be formed with first heights 72 ranging from 6mm to 12mm

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and second heights ranging from 7mm to 13mm. Preferably, heights 70 and 72 vary by 2mm increments. More preferably, height 72 is 8mm and height 70 is 10mm. In another form, height 72 is 10mm and height 70 is 12mm. Other variations may be utilized that provide multiple working distraction heights that approximate the disc height in a normal spine.

Referring now to Fig. 6, there is shown a double-barrel guide sleeve assembly 100 having a first sleeve 140 connected to a second sleeve 142. Sleeves 140 and 142 each define working channels 130 and 132 extending in a substantially unobstructed manner from the proximal end 102 to distal end 104. Assembly 100 includes upper windows 106 and 108 formed in sleeves 142 and 140, respectively, that are adapted for engagement by a removal tool. The sleeves also include lower elongated visualization windows 110 and 112.

Adjacent distal end 104, the material thickness along the outer edge of each tube 140 and 142 is reduced in order to provide a smaller cross-sectional area for the sleeve assembly as well as a reduced width extending transverse to the longitudinal axis of assembly. The reduced cross-sectional area and smaller width reduces the amount of retraction of vessels adjacent the disc space that would be required without the reduction. Side wall 114 is shown as an indication of the reduced thickness of the device in the distal area 104.

Distal end 104 includes a central distracting flange 116 which may be inserted into the disc space to achieve or maintain a height H1 of distraction between two vertebral bodies. Lateral flanges 118 and 120 also extend partially into or adjacent to the disc space. However, in a preferred embodiment, lateral flanges 118 and 120 have a height H2 that is less than height H1. Thus, they do not provide distraction of the disc space but are provided primarily to protect surrounding vessels and neurological structures from damage during the procedures. Although that is the function of the lateral flanges in the preferred embodiment, it is contemplated that they could be sized to provide distraction within the disc space in conjunction with central flange 116. Additionally, distal end 104 includes spikes 122, 124, 126, and a fourth spike which is not seen in the view of Fig. 10. These spikes may be urged into the bone of the

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adjacent vertebral bodies to hold the double-barrel guide sleeve 100 in a fixed position relative to the vertebral bodies. It will be understood that windows 110 and 112 provide the medical staff with the opportunity to visualize the instruments as well as the openings in the disc space and vertebral bodies, without entirely removing 5 instrumentation from guide sleeve 100.

Referring more specifically to Fig. 7, double-barrel guide sleeve 100 is shown in a front view to further illustrate an additional aspect of the invention. Opposite vertebrae engaging end 104, the guide sleeve has a width W1 approximately twice the diameter of one of the sleeves. Adjacent vertebrae engaging end 104 of the sleeve, 10 each of the outer portions of the sleeves has a reduced wall thickness at side walls 114 and 113. The walls are not entirely flat but have a substantially greater radius of curvature (see Fig. 11) giving the appearance of substantially flat walls but providing a reduction in wall thickness over a greater area and tapering to the full wall thickness at the termination of side walls 113 and 114. The reduced wall thickness on the 15 lateral portion of each tube reduces the overall width of the device to a width W2. The reduction in width decreases the amount of retraction that vessels in the area must be moved. The desirable reduction in width is accomplished with little reduction in the strength of the device since much of the structural integrity, particularly resistance to axial compression during insertion of the sleeves, is carried by the much thicker 20 central portion where the two sleeves are joined to each other. Preferably, the central portion may have a thickness equal to two tube wall thicknesses.

As a further alternative, Fig. 9 shows that guide sleeve assembly 190 may be provided with removable barrel tips 191 having different distraction heights, lateral extensions, or spike patterns. Barrel tips may also have different diameters 25 corresponding to the placement of implants with different diameters. Removable tips 191 may be held in place by any of a variety of known connection mechanisms. However, in a preferred embodiment, guide sleeve assembly 190 includes a pair of opposing flexible fingers 192 and 193 having projections 194 and 195, respectively. Projections 192 and 193 on the flexible fingers extend into grooves 196 and 197, 30 respectively, defined in the removable tip. To limit proximal movement of tip 191

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during insertion, tapered surface 198 abuttingly engages shoulder 199 and the central portion between the upper guide tubes. Use of a removable tip according to the present invention not only allows use of interchangeable tips to suit a specific application, it also permits removal of the outer sleeve after placement in the body.

5 With only tip 101 in place, the posterior aspect of the disc space or spinal canal may be more easily visualized and accessed.

Referring now to Figs. 10 and 11, there is shown a further embodiment of a double-barrel guide sleeve similar in most respects to outer sleeve 100 of Fig. 6. The further embodiment of Fig. 12 differs from that of Fig. 6 in that guide sleeve 100  
10 included only a single elongated visualization window for each sleeve. In double-barrel guide sleeve 150, each sleeve has a total of four windows, two on an upper surface and two on a lower surface. Thus, as shown in Fig. 10, windows 152, 154, 156, 158 provide the surgeon with the opportunity for visualization along the majority of each working channel. The back side of guide sleeve 150 has a similar  
15 configuration.

Guide sleeve 150 is used in a similar fashion to the outer sleeve 100. In a preferred embodiment, outer sleeve 100 is provided with a cover 160 having a length 162 sufficient to cover all four windows disposed on at least one side of the device. Cover 160 is provided to prevent possible damage to tissues which may invade the  
20 working channel through the windows and be damaged by the operation, insertion or removal of tools in the working channels. It is contemplated that cover 160 may be transparent to allow visualization directly through the cover or that it could be opaque, requiring that the cover be repositioned prior to visualization. It is further contemplated that the cover may have a length 162 sufficient to extend over all the  
25 windows on one side and it may be able to selectively cover either proximal windows 156 and 158 or all of the windows. Leading edge 163 is tapered to prevent damage to tissue, particularly when moving forward to cover the windows. The taper should urge the tissue out and away from the guide sleeve. Further, cover 160 includes a dip 171 substantially following the contour between the pair of guide sleeves.

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Although other attachment mechanisms are contemplated, as shown in Fig. 11, cover 160 is held in place by retaining pin 170 connected through cover 160 to a lower dovetail portion 172. Dovetail portion 172 is slidable along a dovetail groove defined by grooves 168 and 169 defined within the outer body of guide sleeve 150.

5 Figs. 10 and 11 show one embodiment of a cover for slidably and selectively covering a plurality of windows in outer sleeve 150. Figs. 12 through 16b illustrate yet further embodiments of a cover which may be displaced to expose underlying windows in one of the double-barrel tubes. Further, although the covers are disclosed for use with double barrel assemblies, it is contemplated that they may be used with  
10 single tube guide sleeves without undue modification. In the further embodiments, the working channel and visualization windows of one barrel may be exposed while a cover remains in place on the alternate barrel.

Referring to Fig. 12, partially cylindrical cover 182 consists of elongated portions 183 and 185 which are sized to cover underlying visualization windows. The  
15 elongated portions are retained on the guide sleeve by connectors 184 and 186 that are sized to extend around the exterior of the outer tube and guiding portion 188. It is contemplated that connectors 184 and 186 may engage a cover portion on the opposite side of the guide sleeve identical to that shown in Fig. 12. While cover 182 is disclosed as having elongated members 183 and 185 interconnected, it is  
20 contemplated that each of the covers 183 and 185 could be separate to allow visualization of the windows only on an upper or lower surface of the working tube without opening the opposing window.

Referring to Figs. 14 through 16b, there are shown still further embodiments of window covers according to the present invention. Fig. 14 shows a cover 510 that  
25 covers approximately 200° of a single sleeve 502 of a guide sleeve assembly 501 similar to that of Fig. 6. The cover includes an internal passage 515 and is slidable along sleeve 502. In a further aspect, cover 510 includes an enlarged flange 512 adjacent bone engaging end 504. Tapered surface 513 extends between flange 512 and the outer diameter of cover 510. Referring to Figs. 15a and 15b, cover 514

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includes a flange 516 that extends along the entire leading edge of the cover. The cover extends in a partial cylinder lacking material over angle 517.

Angle 517 is approximately 160°, thus material extends around approximately 200° of the cylindrical shape. It will be understood that covers 510, 514, and 520 may 5 be configured to have material extending less than 200° around the cylinder to allow rotation of the cover in relation to a guide sleeve such that the cover may be rotated to uncover a window. Thus, for covers 510 and 514, the flanges may continue to hold the vessels away from the guide sleeve even when moved to allow access through one of the windows.

10 An alternative embodiment shown in Figs. 16a and 16b does not include the enlarged flange 512. Cover 520 has a uniform end 524 and defines an internal channel 522 adapted to receive a guide sleeve. However, in certain surgical procedures it is desirable to use the embodiment having the flange to protect closely adjacent vessels and to urge them away from the distal end of the guide sleeve where 15 it might be possible to contact instruments disposed therein. Without the use of a cover, the outer sleeves may not match the shape of the surface of the vertebral body thereby allowing the potential for contact between instruments in the outer sleeves and closely adjacent vessels. This is particularly dangerous when operating close to the vena cava and aorta. However, as shown in Figs. 17 and 18, the flanges on the 20 covers act as a retractor to urge the vessels away from the outer sleeves.

Referring more specifically to Fig 17, guide assembly 550 is illustrated as being inserted into a disc space D between two adjacent vertebra V1 and V2. Disposed adjacent the guide assembly 550 are vessels 562 and 560 graphically representing portions of the aorta or vena cava. Covers 556 and 558 are mounted on guide tubes 25 552 and 554, respectively. Flanges on the covers, shown more clearly in Fig. 15a, urge the vessels away from the guide tube and more importantly, away from working channels 553 and 555 were tools would be inserted. Vessels 560 and 562 are most closely adjacent guide tubes 552 and 554 near V<sub>1</sub>. Thus, lateral extensions on the guide assembly may be insufficient to prevent contact between vessels and tools in all 30 applications.

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Referring now to Fig. 18, there is shown a top view of a guide assembly 580 positioned in the disc space adjacent a vertebral body 591. The guide assembly 580 includes a central distractor 582 and lateral extensions 584 and 586. Spikes 590 and 592 may be inserted into the bone of the vertebral body. For the purposes of illustration, cover 596 has been positioned over a first guide tube, while guide tube 595 with window 593 remains uncovered. Bone engaging end 594 does not entirely conform to vertebra surface 589, thus allowing the possibility of vessel migration into the working channels. Cover 596 with flange 598 urges vessel 599 away from the engagement between bone engaging end 594 and bone surface 589. In contrast, vessel 597 is positioned adjacent the interface between the guide tube and bone, resulting in the potential for vessel migration into the working channel via the space between the bone engaging end 594 and bone surface 589. Thus, covers according to the present invention may also be useful to further retract vessels away from the interface between the bone engaging end of the guide assembly and the bone surface.

Referring now to Figs. 19 through 21, there is shown a reamer 200 according to the present invention. Fig. 20 shows the reamer 200 of Fig. 19 rotated 90 degrees. Reamer 200 includes a cutting head 202 having cutting flutes 203 with troughs 205 disposed therebetween. Disposed in trough 205 is an aperture 204 extending to interior channel 209. A series of apertures 204 are defined in the cutting troughs and communicate with interior channel 209. The interior of cutting head 202 is hollow and forms interior channel 209. Interior channel 209 has a first portion with side walls substantially parallel to the longitudinal axis and a second portion defined by side walls extending at an angle to the longitudinal axis. Preferably the second portion extends at a non-orthogonal angle to permit easy cleaning. The second portion is connected to aperture 208 formed on the outer surface of the shaft and spaced from the cutting head. It will be understood that aperture 208 permits material cut by reaming head 202 to move through the interior channel 209 to exit at aperture 208. Moreover, the reduced diameter segment 211 defines an area between the shaft and outer sleeve where debris from the cutting operation may collect prior to removal of the device. This collection area has a length 214 in a preferred embodiment, although

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it is understood that this could be extended to increase the volume of material that may be collected. This configuration permits completion of the cutting operation without a requirement to remove the reamer to clean the collected debris.

Additionally, the debris may be visualized through outer sleeve windows for evaluation.

Reduced diameter shaft 211 extends proximally to tapered region 210 which expands to a larger diameter guiding portion 212. Tapered region 210 assists ease of insertion and guiding of the shaft of the reamer within an outer working sleeve as previously disclosed. Larger diameter guiding portion 212 is sized to have a reasonably close fit within an outer working sleeve to permit rotation of the device, yet limit the amount of transverse movement within the tube to insure accurate reaming within the bone. Reamer 200 may thereby be guided by a guide sleeve. Shaft 216 interconnects the proximal end to the enlarged area 212.

Disposed on shaft 216 are a series of numbers 218, which indicate the depth the reamer extends into the bone beyond the edge of a cooperable guide sleeve. As can be appreciated from examining Figs. 19 and 20, the numbers are displayed in a stepped arrangement around the circumference of shaft 216. This stepped arrangement permits each number to be larger, in the preferred embodiment three times larger, than they could be if all numbers were listed in a single column along the device. Thus, this arrangement permits easy visualization of the number by the surgeon despite the small incremental adjustment of the device, preferably 1mm increments. Extending more proximally along the shaft 216 are a series of grooves 221 which are adapted to engage a depth stop mechanism (described further below) to adjust the reaming depth of the device. On the proximal end 220 is a Hudson-type connection for engagement with a T-handle or other type of handle.

Referring now to Figs. 22 and 23, there is shown a clean out tool 700 adapted for use with the hollow reamer head described above. Clean out tool 700 includes a head 702 having a diameter substantially matching the diameter of internal chamber 209. Clean out tool 700 includes a flexible portion 704. Flexible portion 704 is connected to shaft 708 which is connected to handle 706. Flexible portion 704 allows

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the device to enter through opening 208 in the reamer and force material out open end 201 of the reamer head as end 710 is advanced. This is an improvement over hollow head reamers that do not provide a clean out channel.

Referring now to Fig. 24, there is shown a thread tap 230 for tapping a reamed out bone space. Tap 230 includes a cutting head 232, and a reduced diameter shaft 233 adjacent head 232 for providing space around the shaft between the outer tube for the collection of debris from the tapping operation. A tapered surface 234 extends to an increased outer diameter area 236. As previously explained with respect to reamer 200, tapered surface 232 permits guiding of the tap within a guide sleeve and 10 enlarged area 236 by providing a reasonably close fit with the guide sleeve to maintain the axial alignment of tap 230. Tap 230 includes incrementally stepped depth markings 240 and a Hudson connection 242 as previously disclosed with respect to reamer 200. Referring now to Figs. 25 through 26b, there are shown modular cutting tools joined to a shaft. Fig. 25 shows a shaft 250 releasably coupled 15 to tap head 252 by coupler 254. Similarly, shaft 250 is coupled to reamer head 256 by coupler 254. In Fig. 26a reaming head 256 may be removed from shaft 250 at the connection 254. The reamer includes a reaming head 256 having only six cutting apertures disposed around the head and a hollow internal chamber connected to aperture 258. While any number of known connection mechanisms may be used, Fig. 20 26b shows the use of an axially displaceable collar 260 to release balls 262 and 263 from grooves 264 and 265 of the reamer head. Shaft 250 includes a hollow extension 268 having apertures 270 and 271 to hold balls 263 and 262, respectively. Collar 260 includes a reduced diameter portion 276 adapted to urge balls 262 and 263 into 25 grooves 264 and 265 to lock the cutting head and shaft together. Collar 260 may be axially displaced away from the cutting head to dispose an enlarged internal diameter portion 278 adjacent the balls to allow them to disengage grooves 264 and 265, thereby allowing the cutting head to be disengaged from the shaft. The same mechanism may be used with a variety of cutting heads.

Referring now to Figs. 27 through 31, there is disclosed a depth stop mechanism 30 cooperable with the shaft of a tool and guide sleeve such as previously disclosed.

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Such tools can include, without limitation, a reamer, a tap, and an implant inserter. Depth stop 326 includes an enlarged circumferential abutment shoulder 330 adapted to engage the proximal end of an outer working sleeve to prevent further advancement of the stop and any interconnected shaft. Stop 326 further includes viewing windows 328 to permit visualization of depth markings on a shaft extending within the stop. 5 Stop 326 includes a manually operated collar 332 which may be axially displaced to allow flexing of fingers 334. Collar 332 is normally urged into an extended position by spring 342.

Referring specifically to Fig. 29, fingers 334 include projections 336 extending 10 internally and bearing surface 337 extending externally. The internal projections 336 are configured for engagement within grooves 221 (Fig. 20) defined along a tool shaft of a working tool, and bearing surface 337 is configured to engage collar 332. Additionally, each finger includes an external taper portion 339 adapted for 15 engagement with bearing surface 340 of collar 332 to urge the fingers inwardly as the collar is advanced. It will be understood that in a retracted position, bearing surface 340 of collar 332 will be substantially disengaged from taper 339 and permit fingers 334 to disengage from groove 221 of a working shaft (Fig. 20). With collar 332 in the extended position shown in Fig. 29, bearing surfaces 340 will bear against bearing surface 337 of each finger to urge projections 336 into grooves 221 of a tool shaft. To 20 release fingers, collar 332 may be moved in the direction of arrow R until bearing surface 340 moves beyond tapered surface 339. The flexible fingers may then spring outward. In this manner, a user may quickly and easily disengage the locking mechanism of the stop to advance or retract a working tool and then re-engage the stop at the desired position. Preferably, distal end 333 of collar 332 will extend 25 beyond fingers 334 to limit the possibility that surgical staff may snag protective apparel on exposed fingers.

In a first embodiment shown in Fig. 30, collar 332 is retained on housing 334 by retaining pin 342 extending into the housing and through a slot 344. Retaining pin 342 prevents rotation of collar 332 with respect to housing 334. In an alternate 30 embodiment shown in Fig. 31, collar 332 defines an L-shaped slot 346 which permits

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axial displacement of collar 332 with respect to body 334, as well as a slight amount of rotation within the slot. It will be understood that the L-shaped slot 346 permits the depth stop mechanism to be locked in a disengaged position which permits free movement of the tool shaft through the depth stop. This is a desirable construction in  
5 some instances for easy removal of the depth stop from the tool shaft, as well as for utilization of the tool without the constraints of a depth stop mechanism.

Fig. 32 shows a depth stop 326 engaged with a tool shaft having grooves 360 and marking 362 to show the depth of the distal end of the tool out of the guide sleeve 370. Abutment shoulder 330 is sized to engage the guide sleeve to prevent further  
10 movement. It will be understood that the depth of penetration may be adjusted between a number of positions defined by engagement of the fingers 336 in grooves 360 of the tool shaft. The adjustment is easily accomplished by axial movement of collar 332. Engagement with the tool shaft is indexed by the spacing of grooves 360 on the tool shaft so the exact location of the stop may be easily known. The tool shaft  
15 may be rotated with respect to the stop mechanism to display the appropriate depth numeral 362 in window 328.

While the invention has been illustrated and described in detail in the drawings and foregoing description, the same is to be considered as illustrative and not restrictive in character, it being understood that only the preferred embodiments have  
20 been shown and described and that all changes and modifications that come within the spirit of the invention are desired to be protected.

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What is claimed is:

1. A template for marking a surgical site, comprising:
  - 5 a first member having a first end and an opposite second end;
  - a second member having a first end and an opposite second end, said second member in circumferential engagement with at least a portion of said inner member;
  - 10 a first template member having a first configuration, said first template member connected to said first end of said inner member; and a second template member having a second configuration approximating to said first configuration, said second template member connected to said first end of said outer member, wherein said second template member is moveable with respect to said first template member from a first position in substantial alignment
  - 15 with said first template member to a second position disposed approximately 180° in relation to said first position.
2. The template of claim 1, wherein said outer member includes a guide in substantial alignment with said second template, said first member first end further includes a post extension.
3. The template of claim 1, wherein said first and second configurations include substantially circular portions.
- 25 4. The template of claim 3, wherein in said second position, said first template member and said second template member define an area that approximates the area of an outer sleeve assembly that may be placed adjacent the surgical site.

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5. The template of claim 1, further including a locking mechanism selectively locking said first member to said second member.

6. A guide member for a rotary cutting tool with a central opening, the  
5 guide member comprising:

a shaft having a distal end and a first diameter; and  
an enlarged guiding portion disposed adjacent said distal end and adapted  
for engagement with the central opening of the cutting tool, said enlarged guiding  
portion having a second diameter, said second diameter greater than said first  
10 diameter.

7. The guide member of claim 6, wherein said enlarged guiding portion includes a tapered surface.

15 8. A distractor, comprising:

a distraction head having a longitudinal axis and a first pair of opposed surfaces extending substantially along said longitudinal axis and defining a first working distraction height approximating a normal disc space height and a second pair of opposed surfaces extending substantially along said longitudinal axis and defining a second working distraction height approximating a second normal disc space height, said distraction head rotatable between said first distraction height and said second distraction height by rotating the distraction head about said 20 longitudinal axis.

25 9. The distractor of claim 8, wherein said first working distraction height is 10mm and said second working distraction height is 12mm.

10. The distractor of claim 8, wherein said first working distraction height is 8mm and said second working distraction height is 10mm.

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11. A guide sleeve assembly for defining a protected passageway to a disc space, comprising:

a first tube defining a first working channel, and a first bone engaging end;

5 a second tube defining a second working channel and a second bone engaging end, said second tube connected to said first tube with said second bone engaging end disposed adjacent said first bone engaging end;

10 a central distracting extension disposed between said first working channel and said second working channel adjacent said first and second bone engaging

ends, said central distracting extension having a first height,

15 a first lateral extension extending from said first bone engaging end opposite said central distracting extension, said first lateral extension having a second height; and

20 a second lateral extension extending from said second bone engaging end opposite said central distracting extension, said second lateral extension having a third height, said first height greater than said second height and said third height, wherein said central distracting extension maintains distraction in a disc space and said first and second lateral extensions inhibit encroachment of adjacent tissue into said first and second channels.

25

12. The guide sleeve assembly of claim 11, wherein said bone engaging end includes spikes for engaging vertebral bodies.

25 13. The guide sleeve assembly of claim 11, wherein the assembly has a proximal end opposite said bone engaging ends, said proximal end having a first width, said first bone engaging end and said second bone engaging end defining a second width, said first width greater than said second width.

30 14. A guide sleeve assembly, comprising:

a first barrel defining an inner working channel;

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a second barrel defining an inner working channel;  
said first tube joined to said second tube to define a guide sleeve assembly  
having a longitudinal axis, said guide sleeve assembly having a proximal portion  
and an opposite distal portion adapted for insertion into a patient, said proximal  
5 portion having a first width and said distal portion having a second width  
transverse to said longitudinal axis, said second width less than said first width.

15. The guide sleeve assembly of claim 1, wherein said first barrel and  
said second barrel each have a wall thickness, said wall thickness of said first and  
10 second barrel reduced adjacent said distal portion.

16. The guide sleeve assembly of claim 14, wherein said first and  
second barrels have a circular cross-section.

15 17. A guide sleeve assembly, comprising:  
a tube defining an interior working channel, said tube having an outer  
surface and defining at least one window extending from said outer surface to said  
interior working channel; and  
a cover disposed on said outer surface adjacent said window, said cover  
20 adapted to selectively cover said window.

18. The guide sleeve assembly of claim 17, wherein said cover is  
slidably disposed on said outer surface.

25 19. The guide sleeve assembly of claim 17, wherein said cover is  
slidable between a first window covering position and a second uncovered  
position.

30 20. The guide assembly of claim 17, wherein said cover is a partial  
cylinder.

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21. The guide assembly of claim 20, wherein said partial cylinder extends approximately 200°.

22. The guide assembly of claim 20, wherein said partial cylinder  
5 extends approximately 270°.

23. The guide assembly of claim 17, wherein said cover includes an outwardly extending flange, said flange adapted to retract tissue disposed adjacent said outer surface.

10

24. The guide assembly of claim 17, wherein said tube has a top side and an opposite bottom side, said tube having windows on said top side and opening on said bottom, said cover covering said openings on the top side.

15

25. The guide assembly of claim 24, wherein said cover covers openings on the bottom side.

26. The guide assembly of claim 24, wherein said cover covers openings on said top and bottom sides.

20

27. A reamer, comprising:

a reamer head having a plurality of cutting blades separated by a plurality of troughs, said reamer head defining an internal chamber and openings extending between said troughs and said internal chamber; and

25

a shaft joined to said reamer head, said shaft having a longitudinal axis and an exterior surface having an opening therein and defining an interior channel in communication with said opening, said interior channel in communication with said internal chamber, wherein debris entering said internal chamber during a cutting operation may exit via said interior channel in said shaft.

30

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28. The reamer of claim 27, wherein said shaft includes a first diameter portion adjacent said reamer head and a second diameter portion spaced from said reamer head, said second diameter greater than said first diameter.

5

29. The reamer of claim 27, wherein said interior channel has a portion extending at an acute angle with respect to the longitudinal axis of said shaft.

30. A depth stop for selectively engaging a tool shaft, comprising:  
10        a first tubular member defining a channel, said first tubular member having a first end defining a plurality of flexible fingers movable between a first position defining a first diameter and a second position defining a second diameter, said first diameter greater than said second diameter; and  
15        a second tubular member disposed about said first tubular member, said second tubular member having a clamping end disposed adjacent said flexible fingers, said clamping end including an enlarged first internal diameter portion and a reduced internal diameter portion, said second tubular member slidable in relation to said first tubular member to a disengaged position with said enlarged internal diameter portion positioned adjacent said flexible fingers to allow movement to said first position and an engaged position with said reduced internal diameter portion positioned adjacent said flexible fingers to urge said flexible fingers to said second position.  
20

31. The depth stop of claim 30, wherein the tool shaft includes a series  
25        of annular grooves and said fingers include corresponding projections to engage the annular grooves.

32. The depth stop of claim 30, wherein said second tubular member is biased to said engaged position.

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33. A modular spinal cutting tool for removing a portion of vertebral bone or adjacent tissue, said tool comprising:

a shaft having a first connection end;

5 a cutting head having a shaft portion, said shaft portion including a second connection end; and

a connecting mechanism connecting said first connection end and said second connection end.

10 34. The tool of claim 33, wherein said cutting head is a reamer cutting head.

35. The tool of claim 33, wherein said cutting head is a tap.

15 36. An expandable template for guided cutting, comprising a template body having a first portion defining a first opening and a second portion defining a second opening, said second portion movably coupled to said first portion and movable between a first position with said first opening in substantial alignment with said second opening and a second position with said opening spaced from said 20 first opening.

37. A method of disc space preparation, comprising:

providing an expandable bilateral template having a reduced insertion form and an expanded form for bilateral templating and trephine guiding;

25 accessing the spine;

inserting the template in the reduced insertion form;

positioning the template adjacent the disc space;

expanding the template;

30 inserting a trephine through the template to create a first opening and a spaced second opening in the disc space; and

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removing the template and trephine.

38. The method of claim 37, further including:

inserting a first distractor in the first opening to distract the disc space to a  
5 first working height;

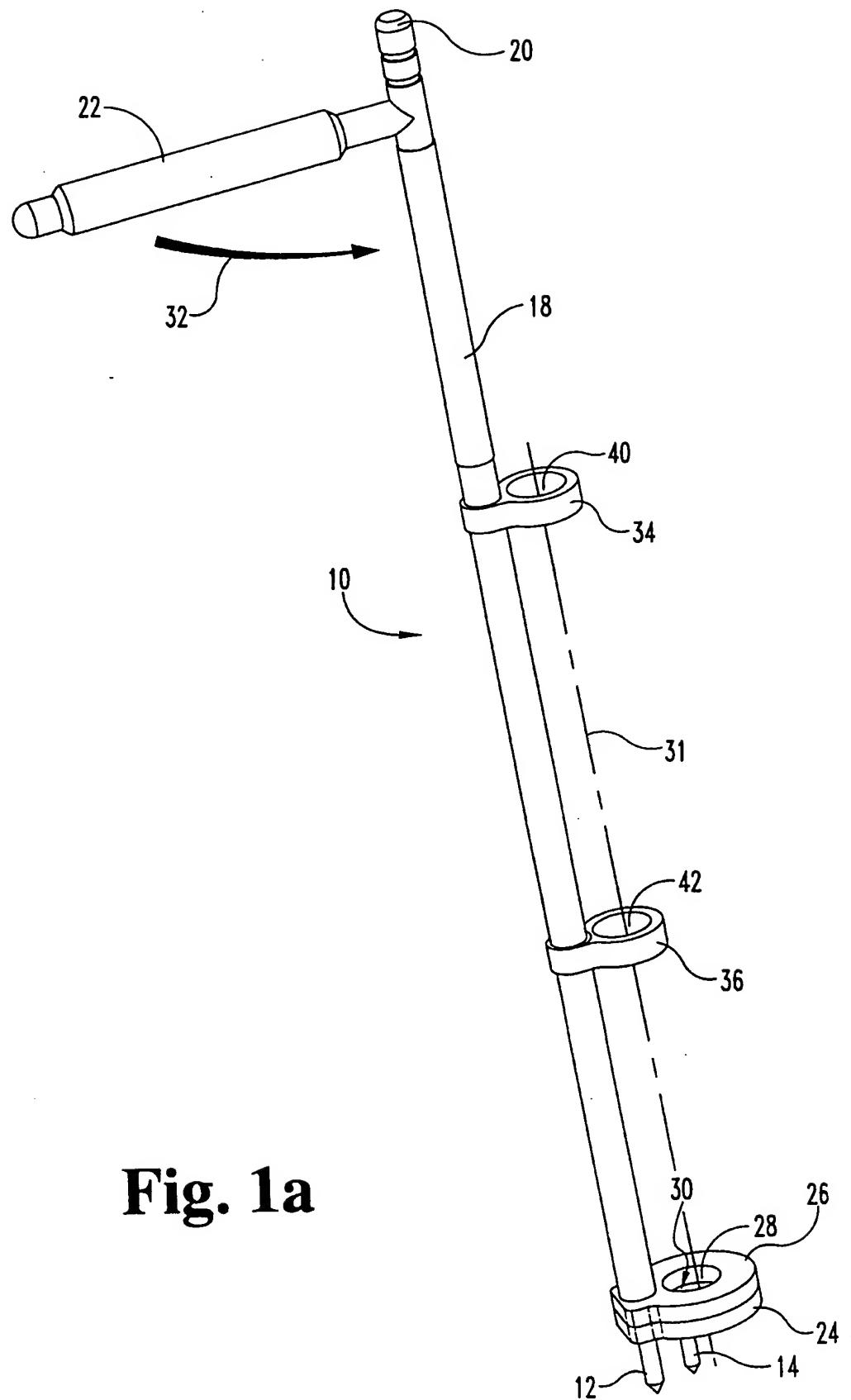
insertion a second distractor in the second opening to assist in distracting  
the disc space to the first working height; and

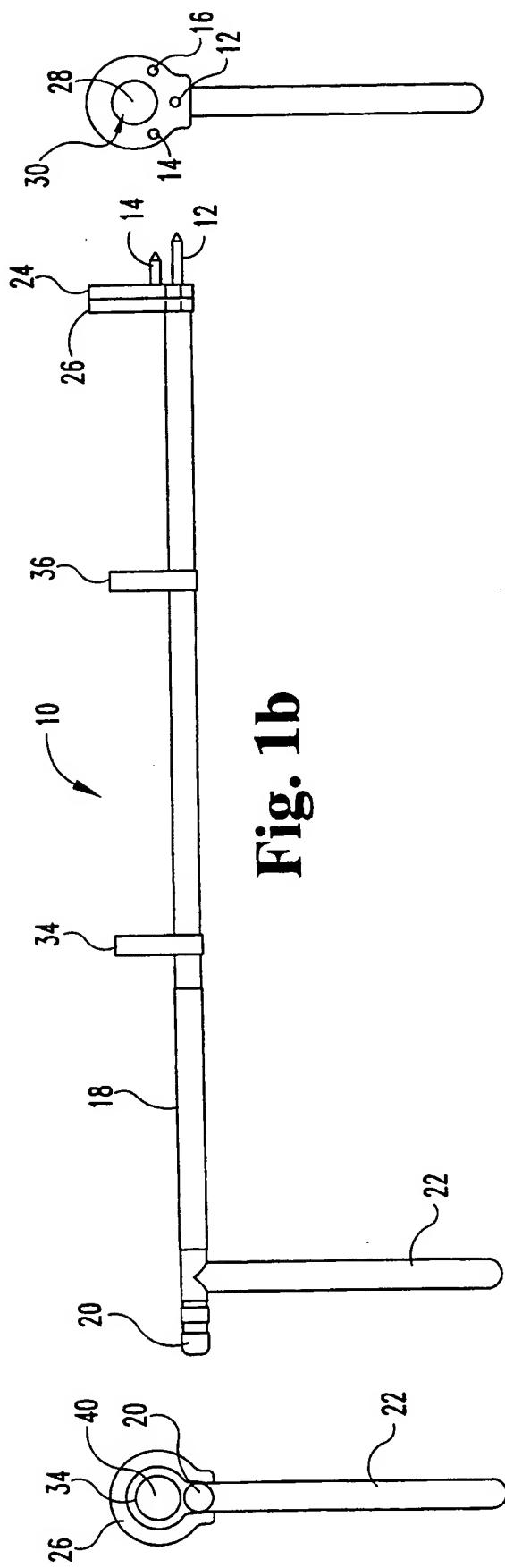
rotating the first and second distractors to create a second greater disc space  
height.

10

15

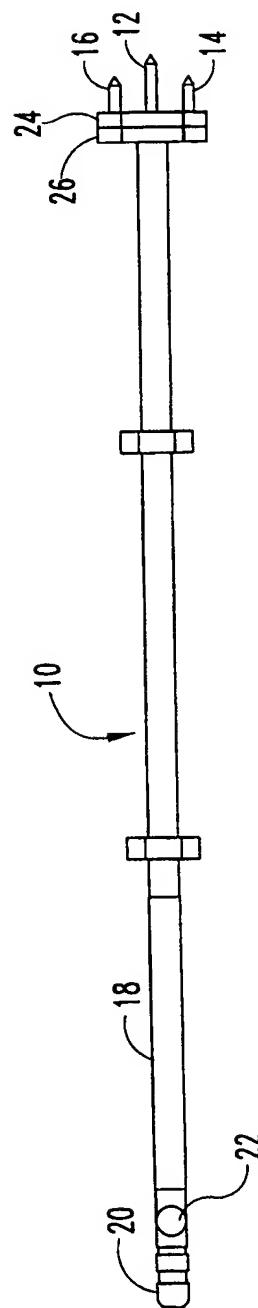
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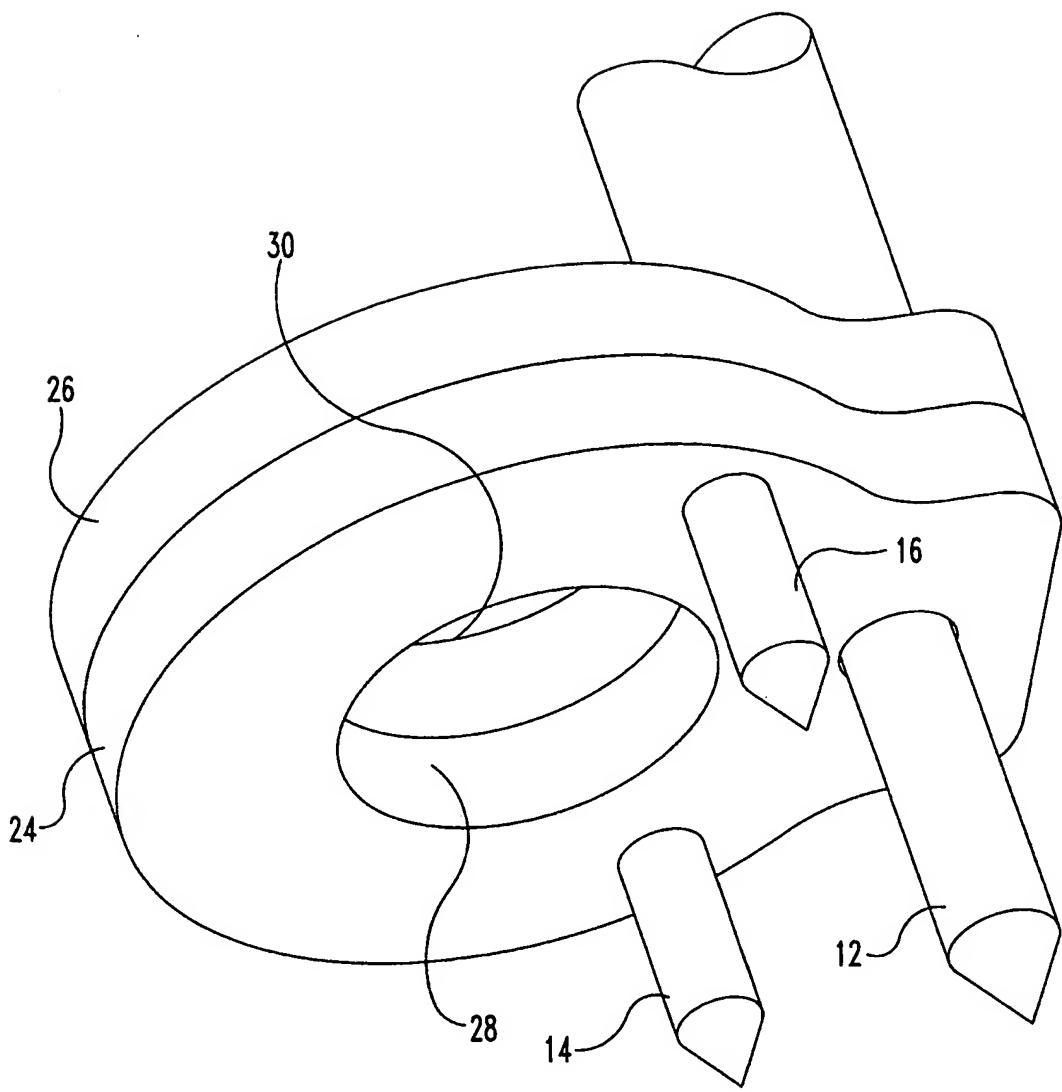
**Fig. 1b**

**Fig. 1e**

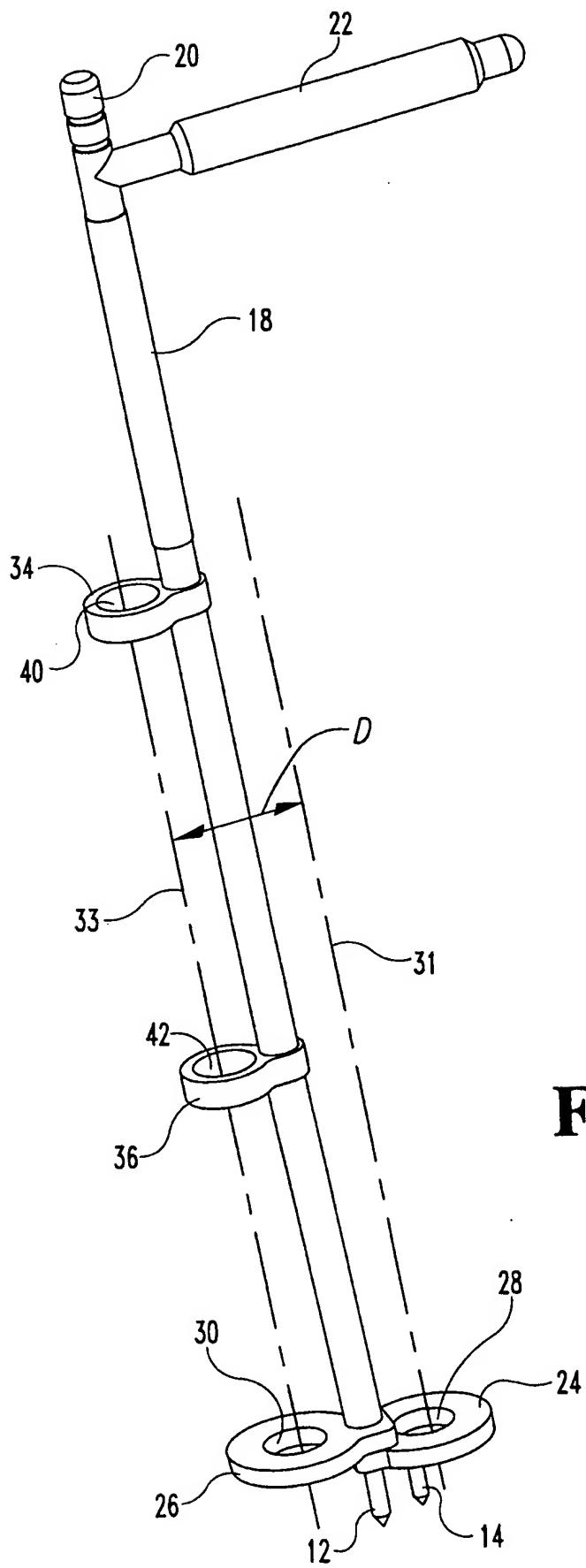


**Fig. 1c**

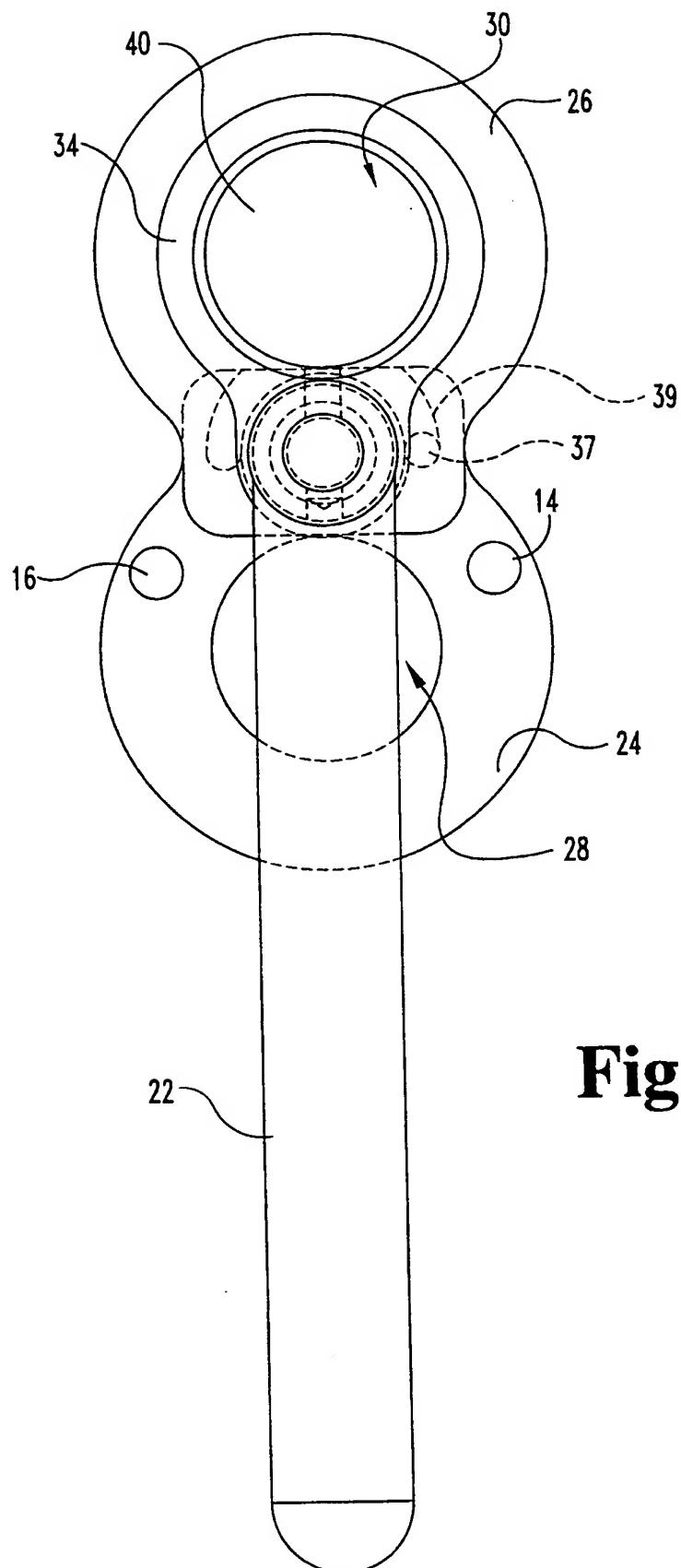
**Fig. 1d**



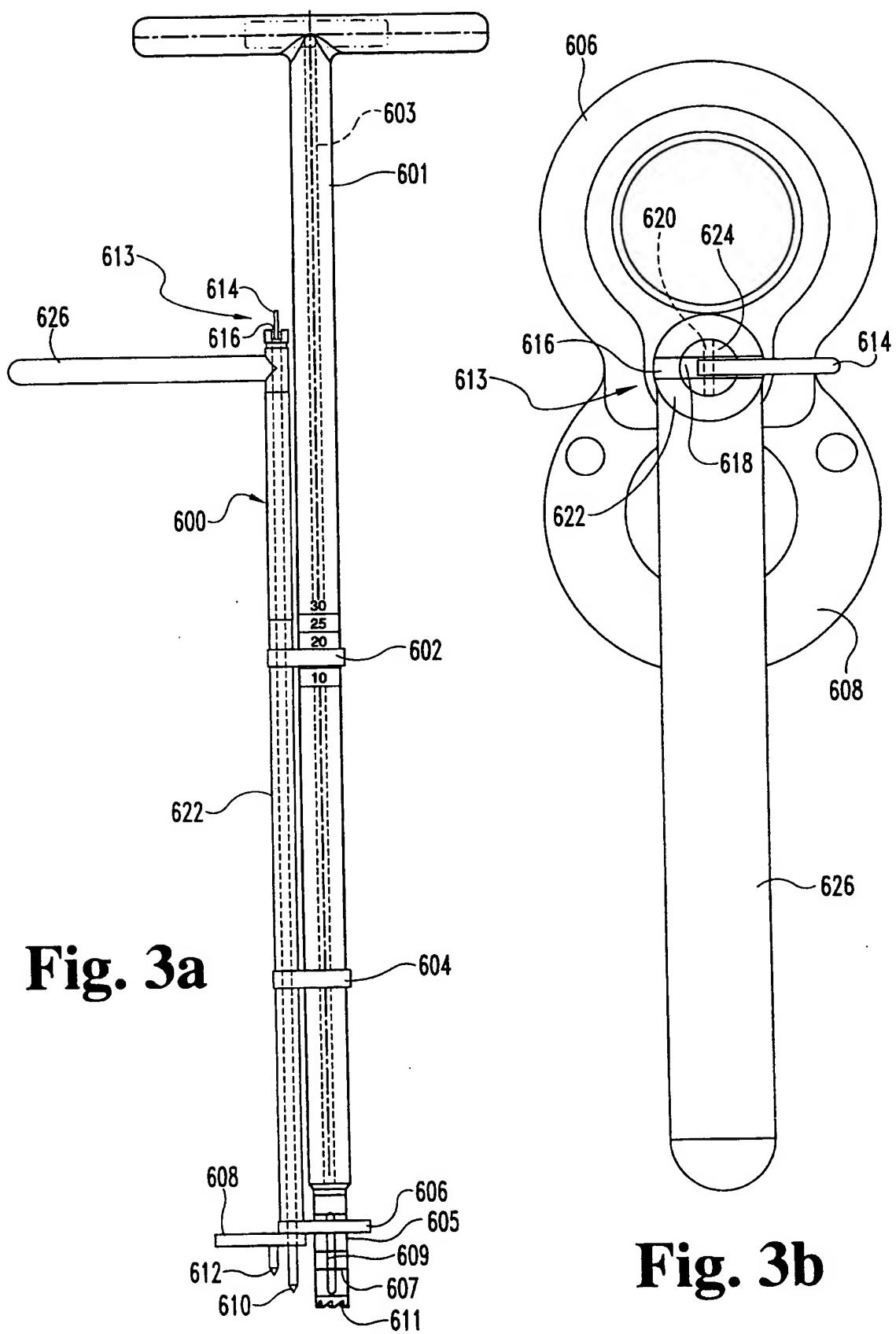
**Fig. 1f**



**Fig. 2a**

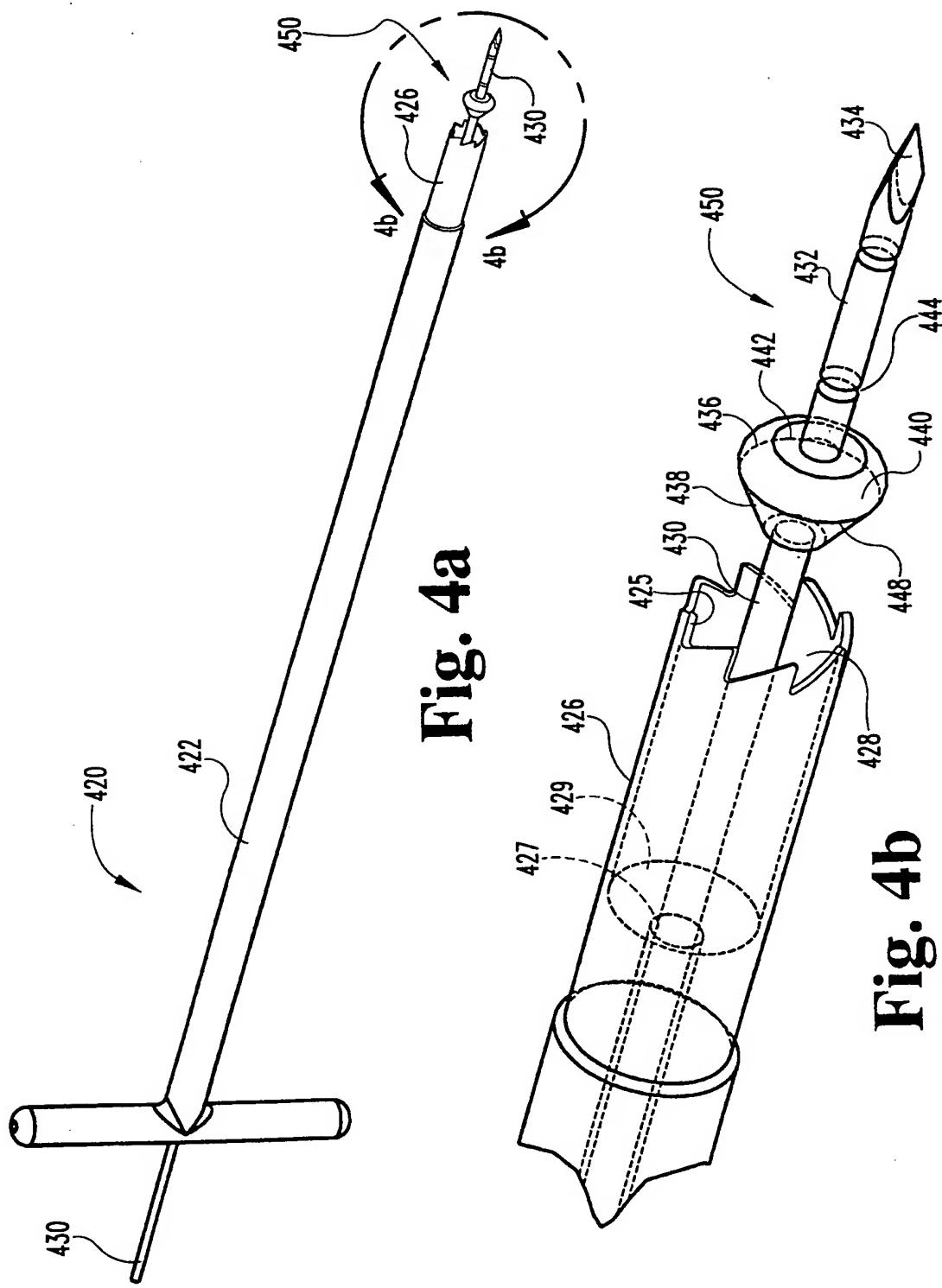


**Fig. 2b**



**Fig. 3a**

**Fig. 3b**



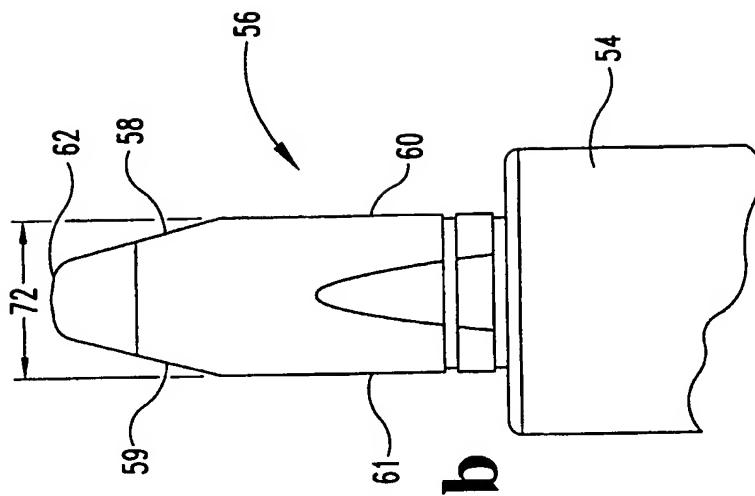


Fig. 5b

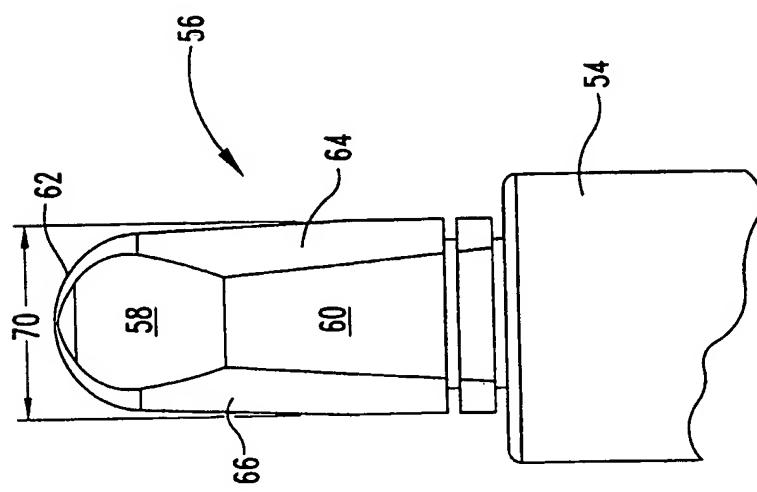


Fig. 5c

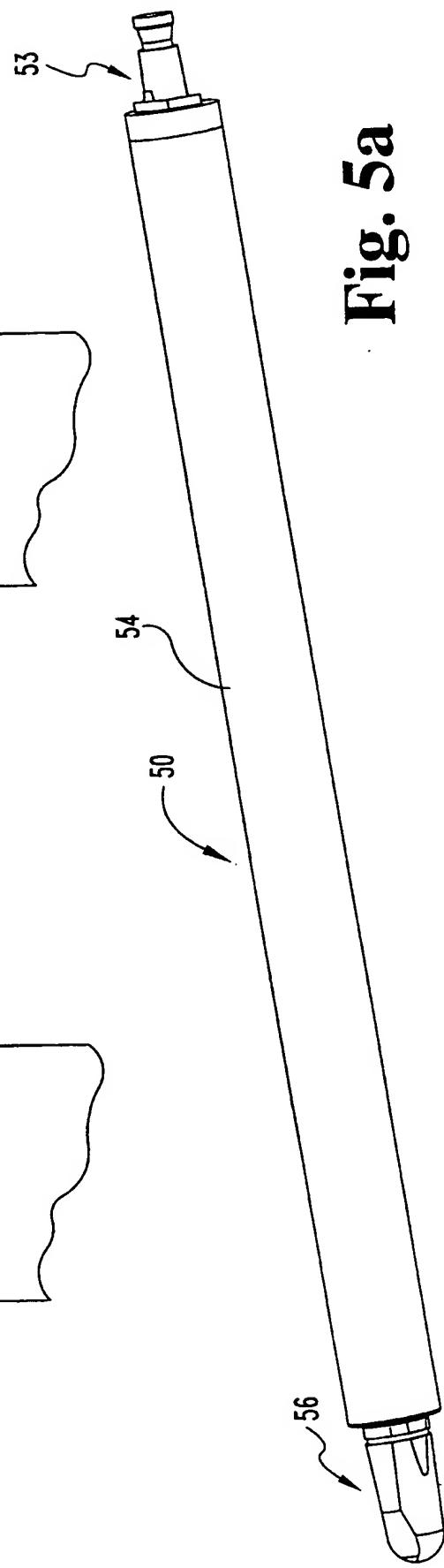
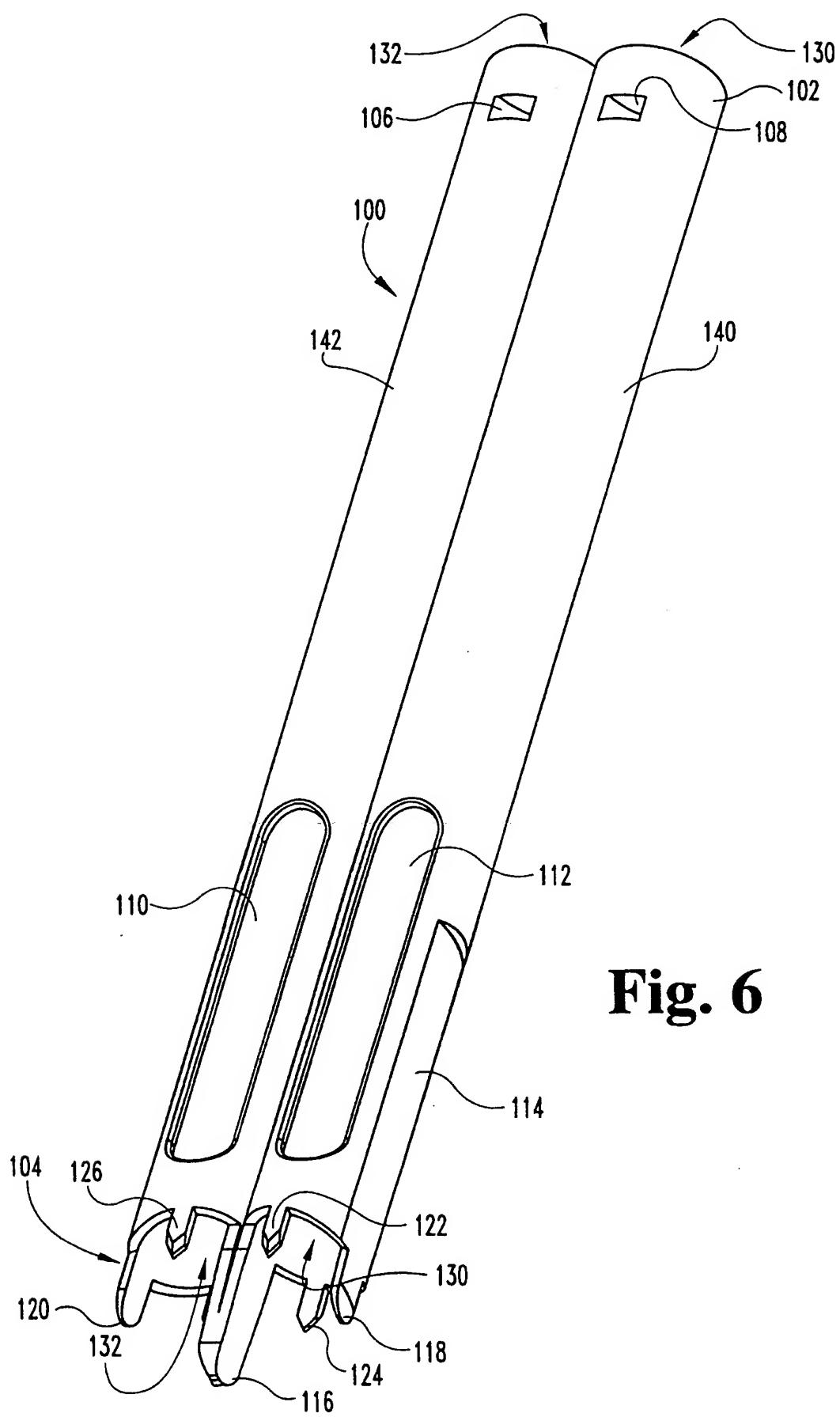


Fig. 5a



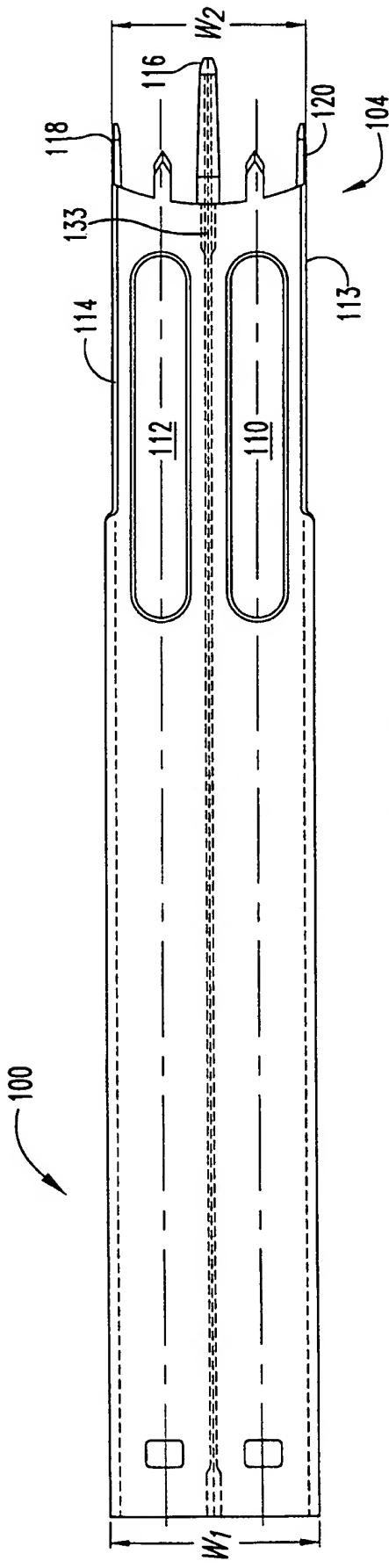


Fig. 7

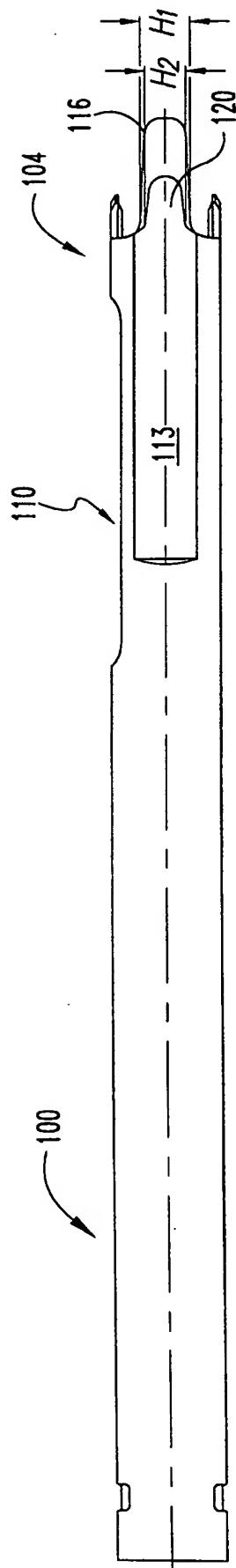
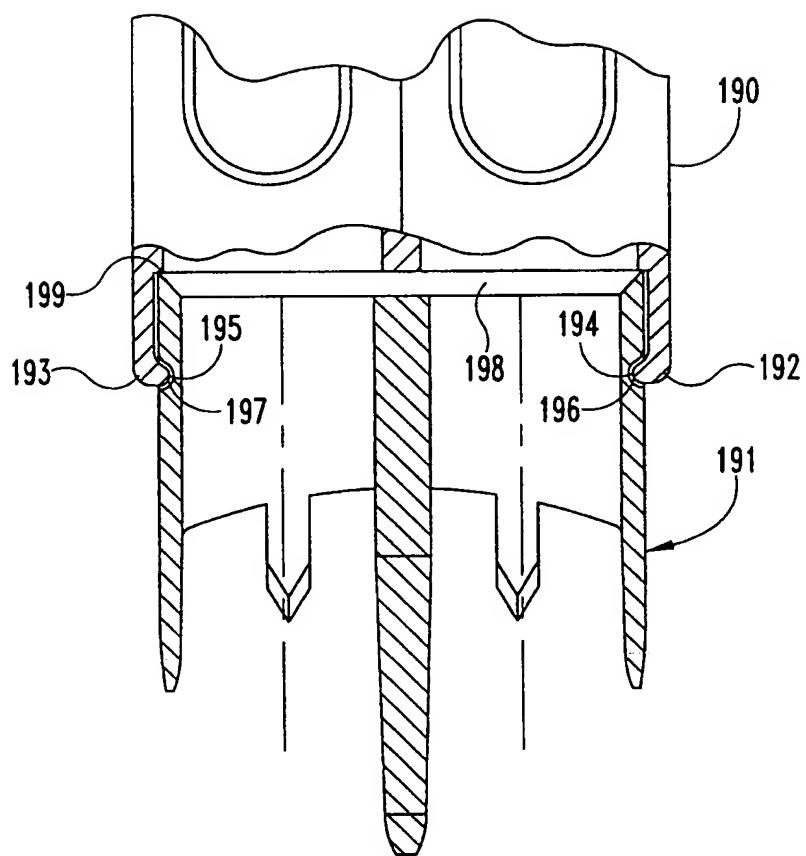
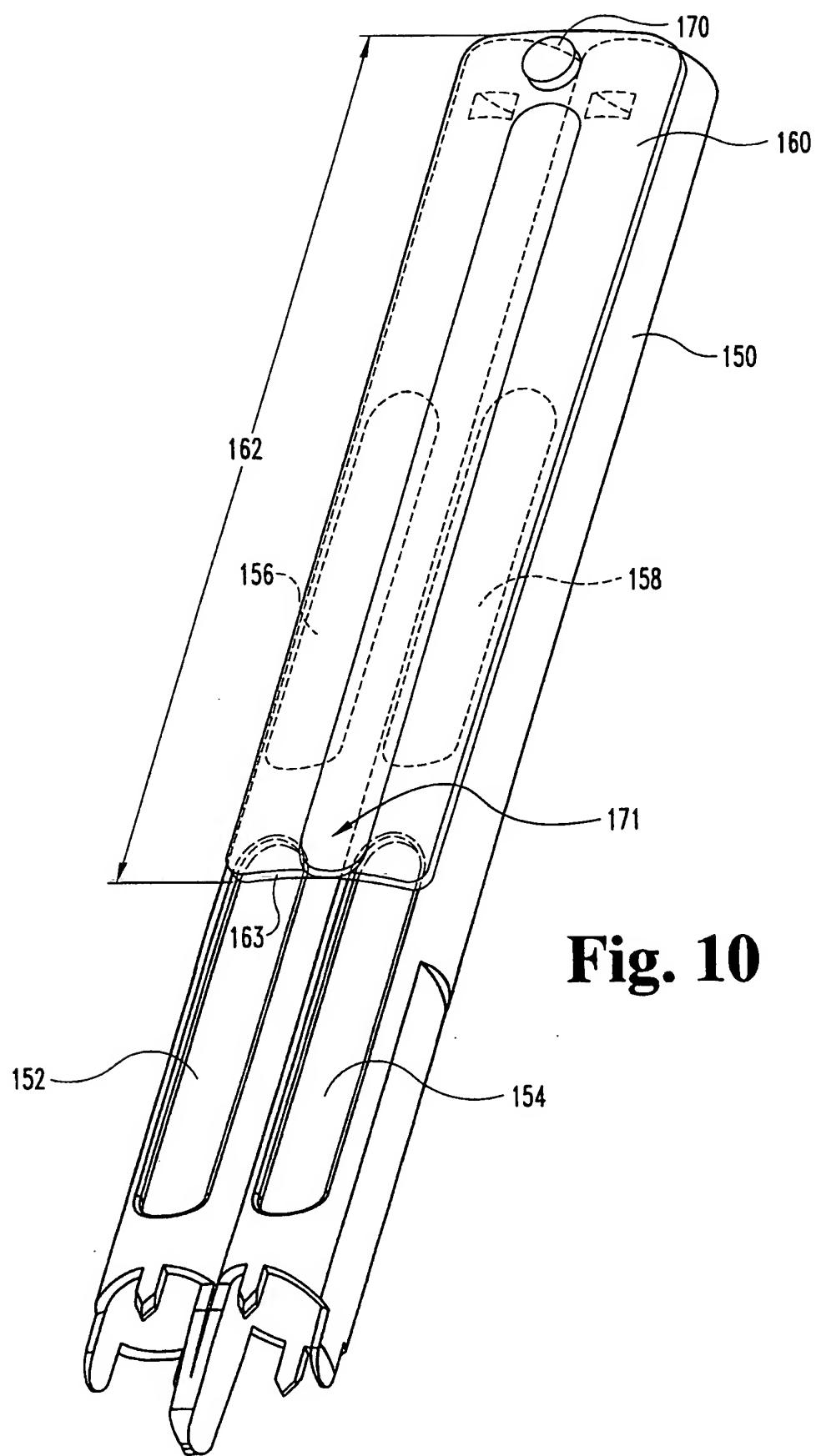


Fig. 8



**Fig. 9**



**Fig. 10**

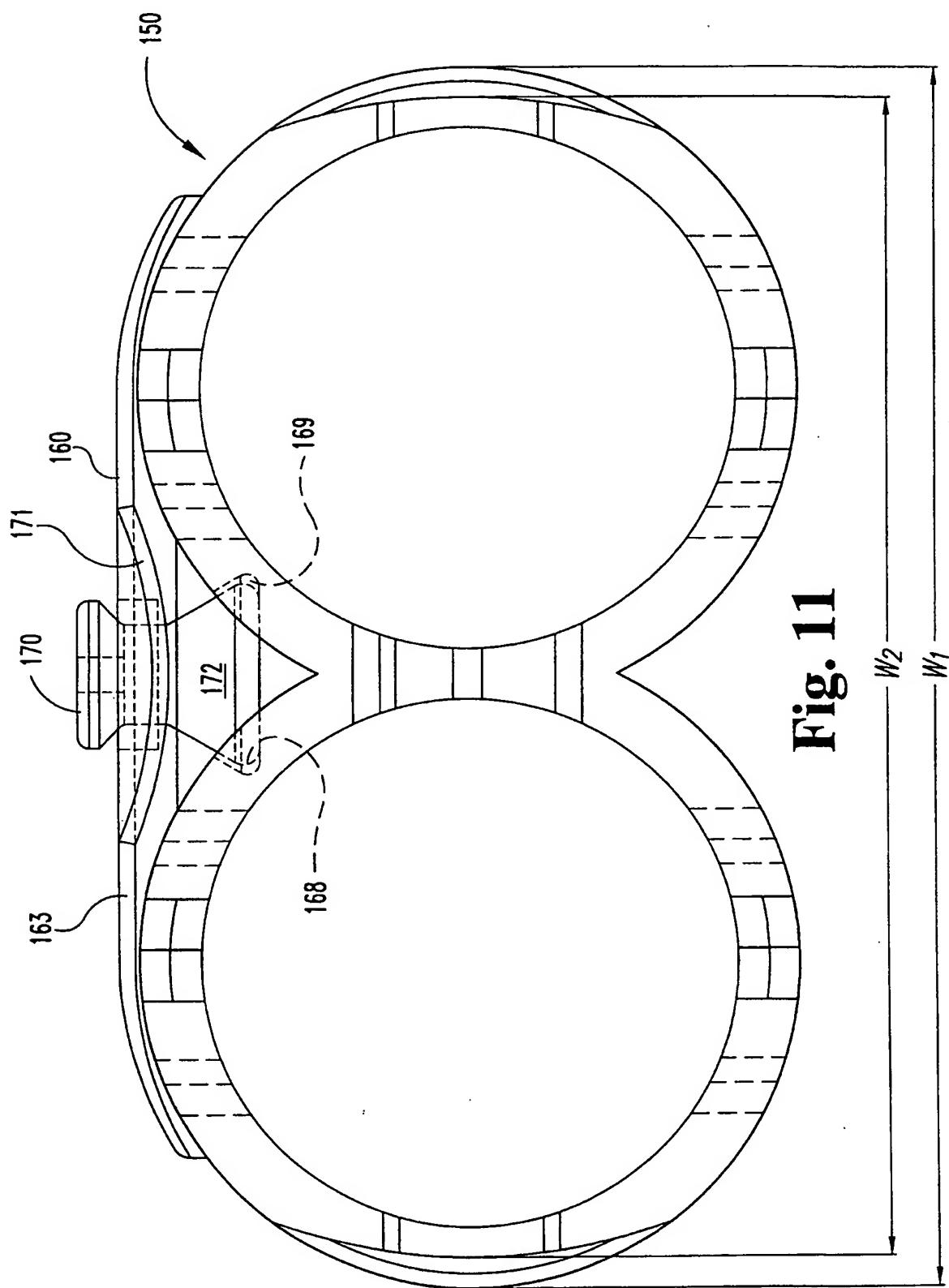


Fig. 11

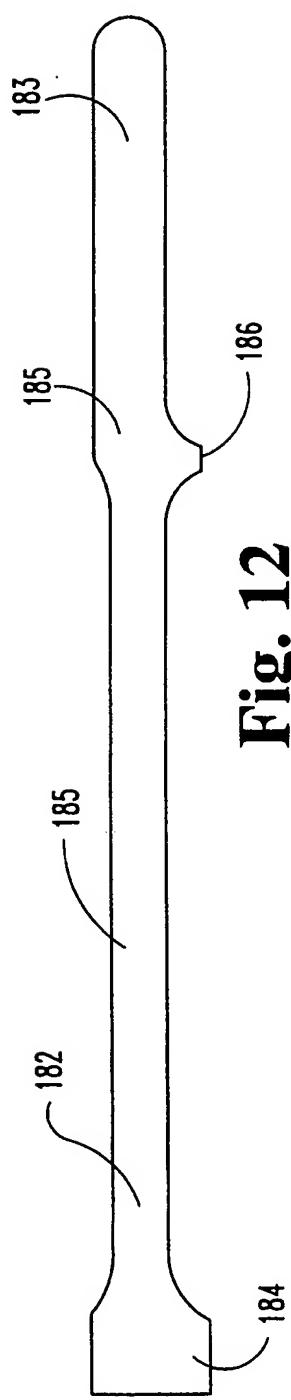


Fig. 12

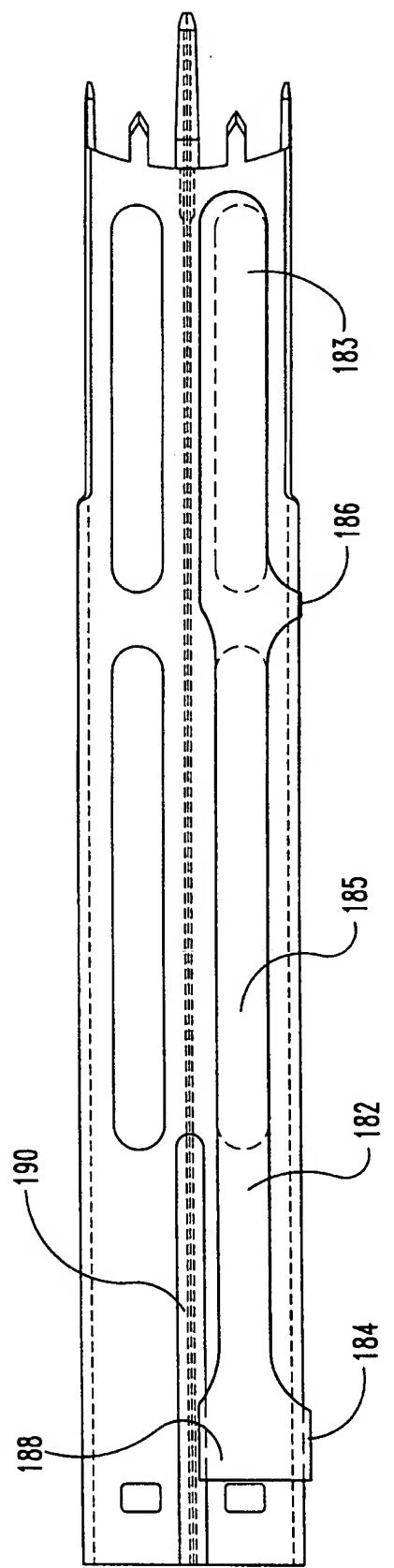
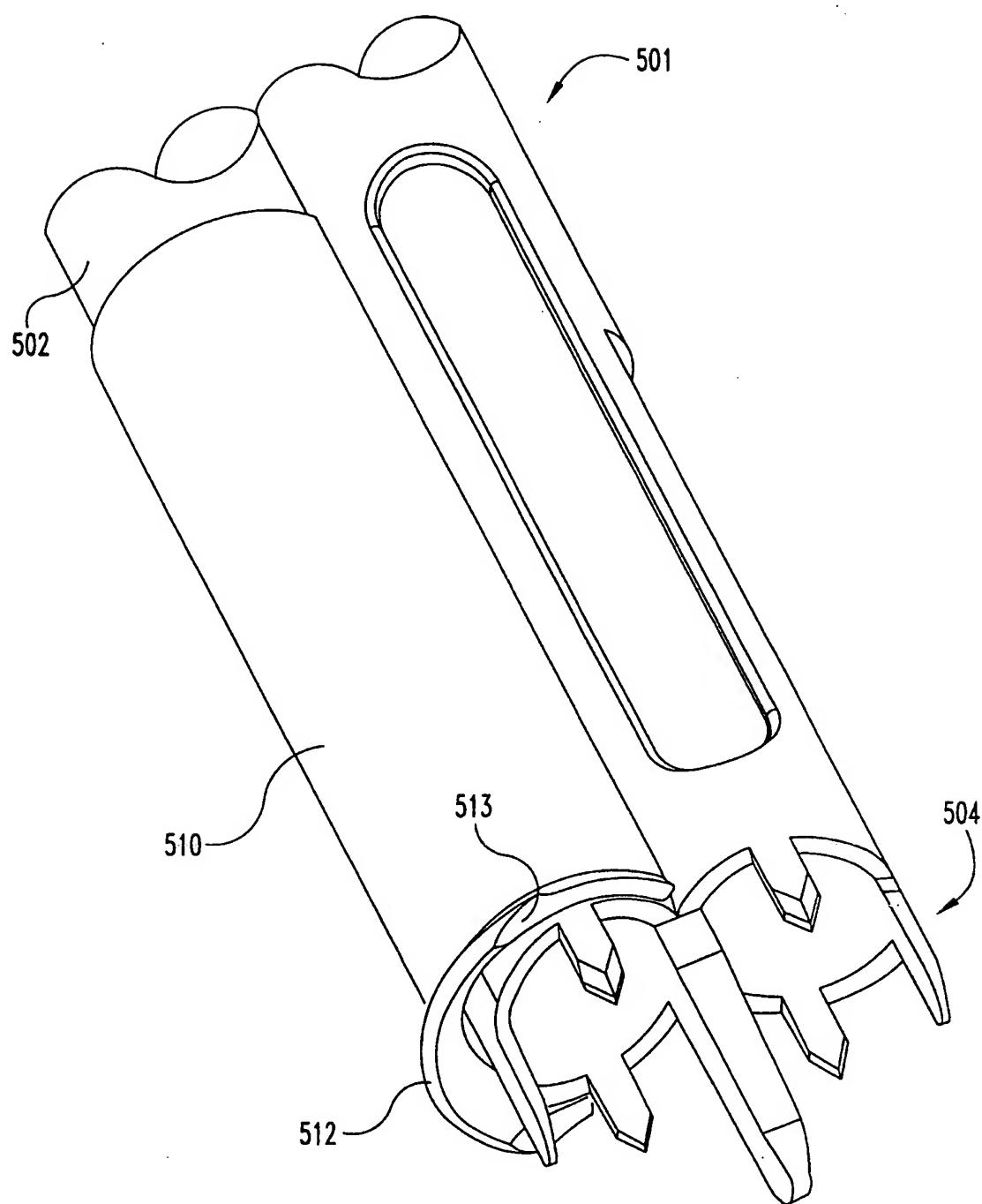


Fig. 13



**Fig. 14**

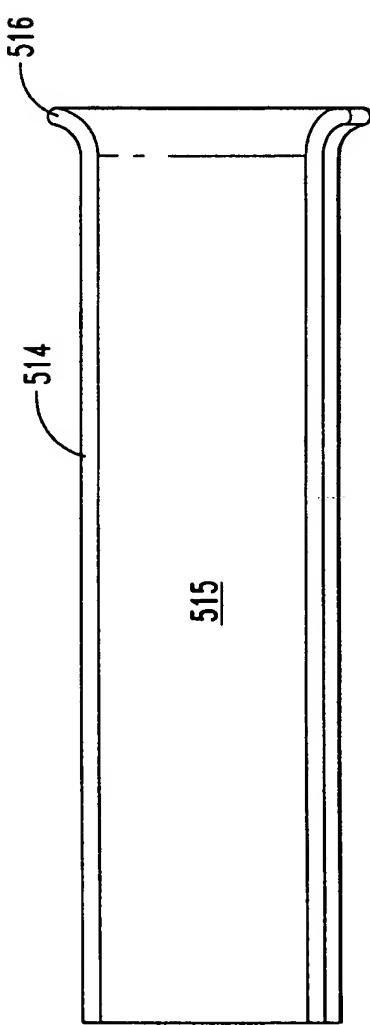


Fig. 15a

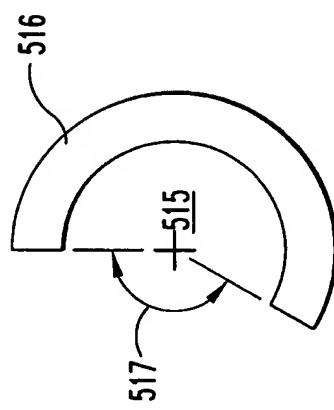


Fig. 15b

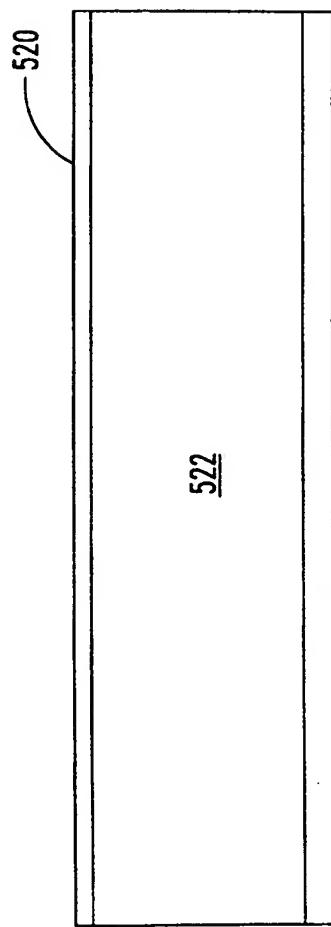


Fig. 16a

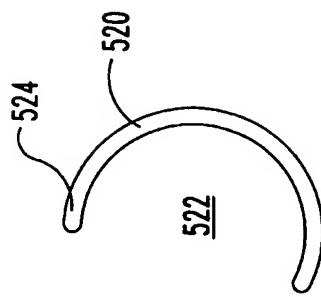
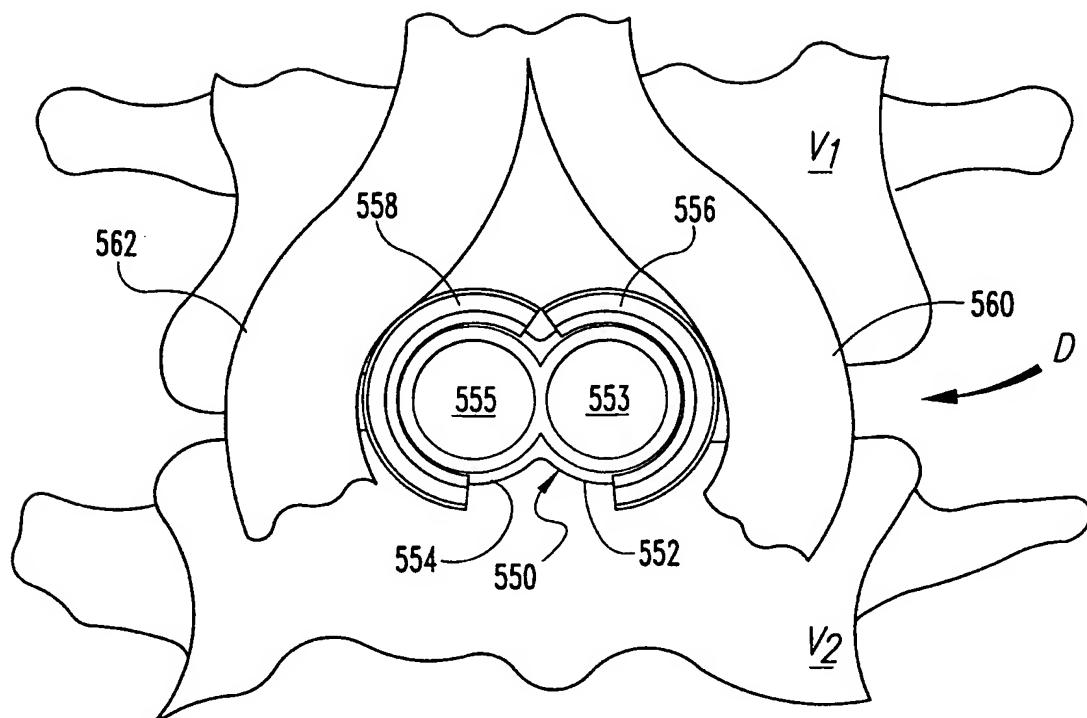
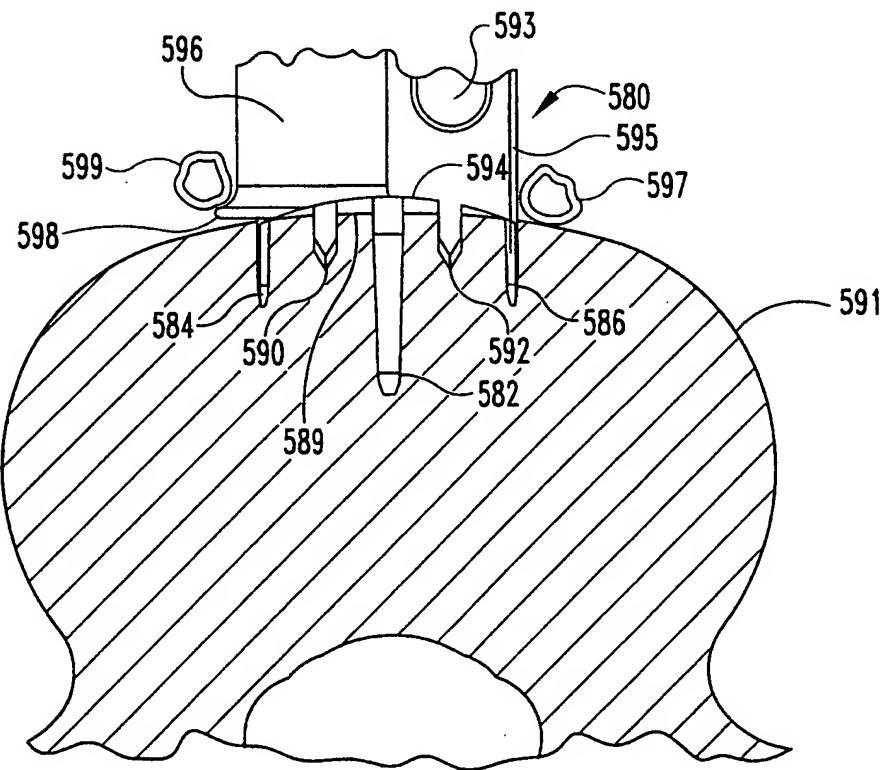


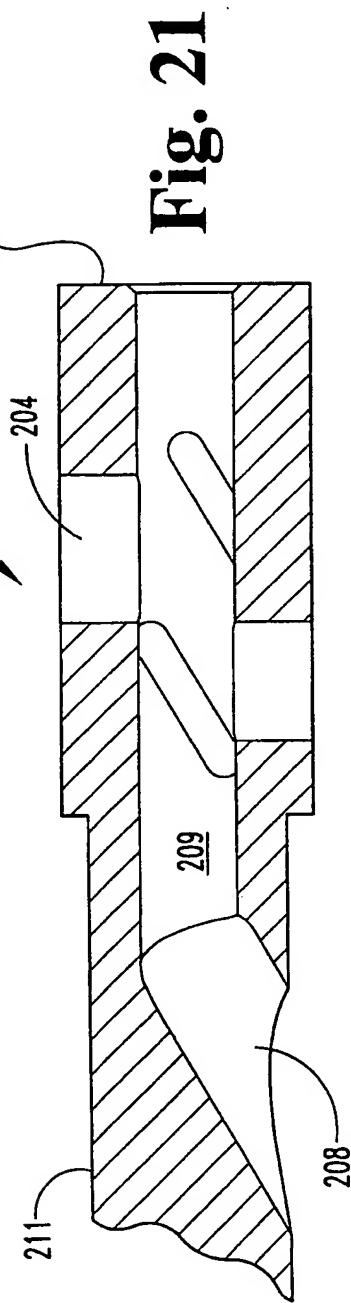
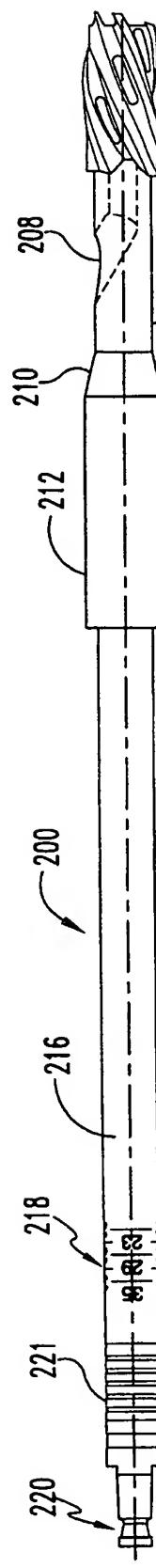
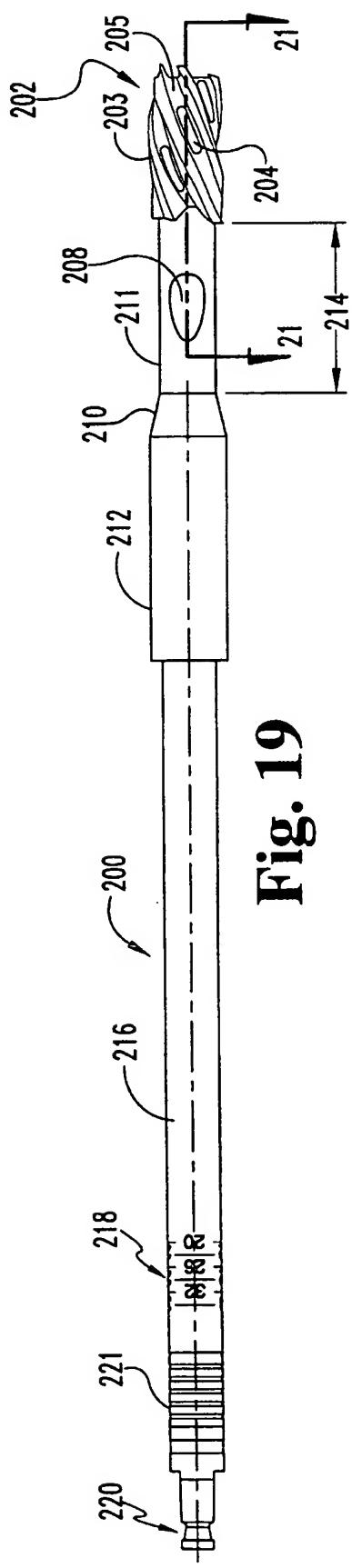
Fig. 16b

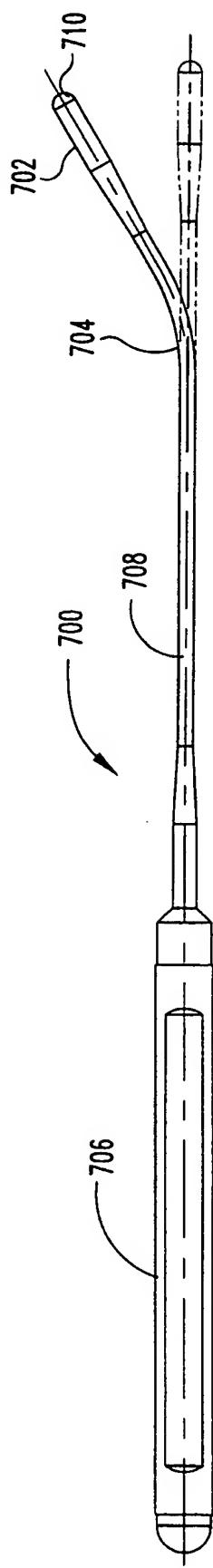
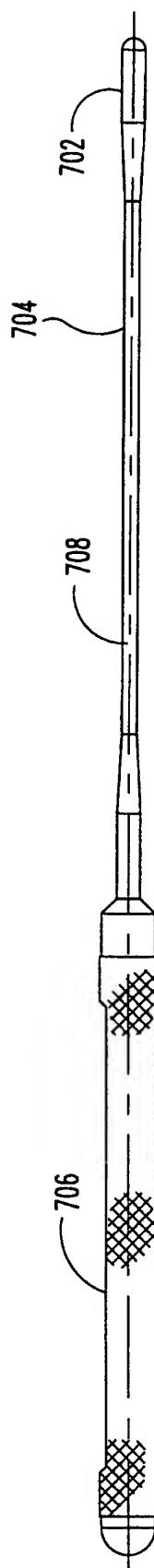
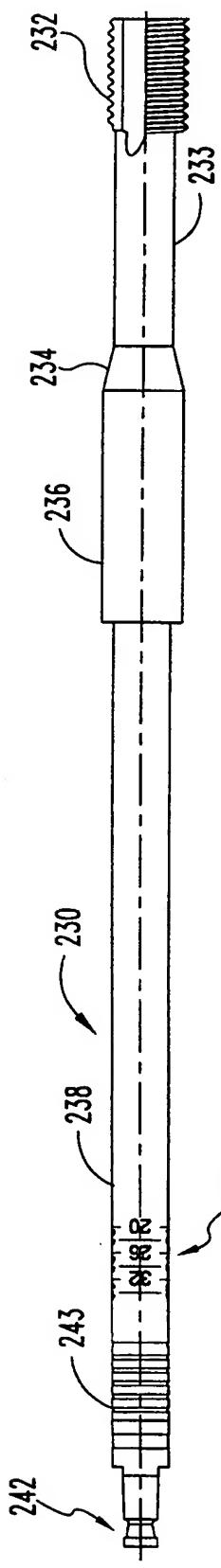


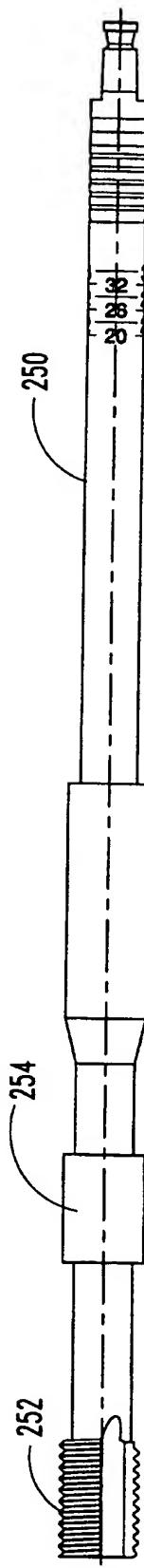
**Fig. 17**



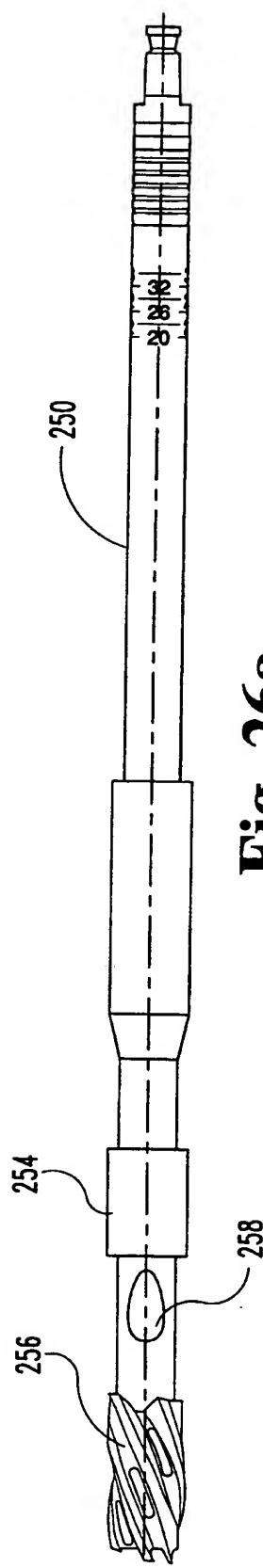
**Fig. 18**



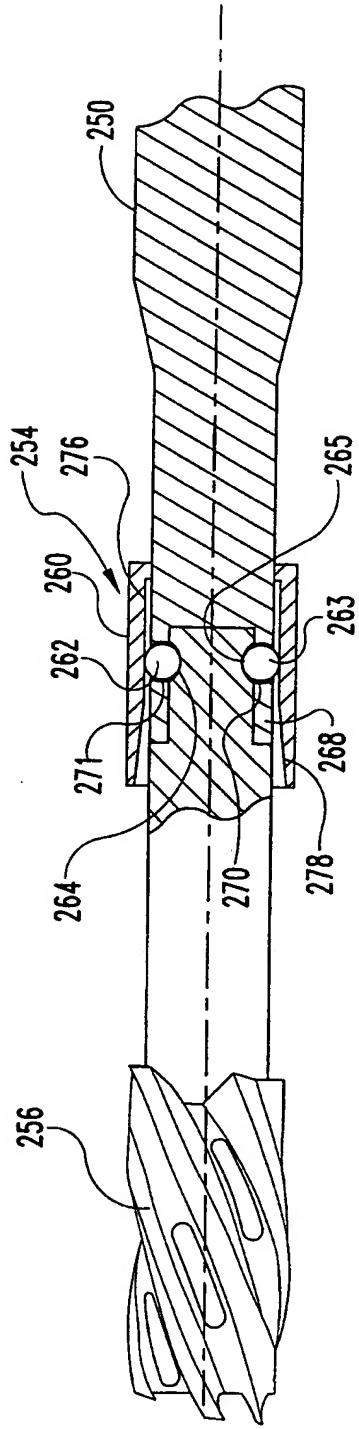
**Fig. 22****Fig. 23****Fig. 24**



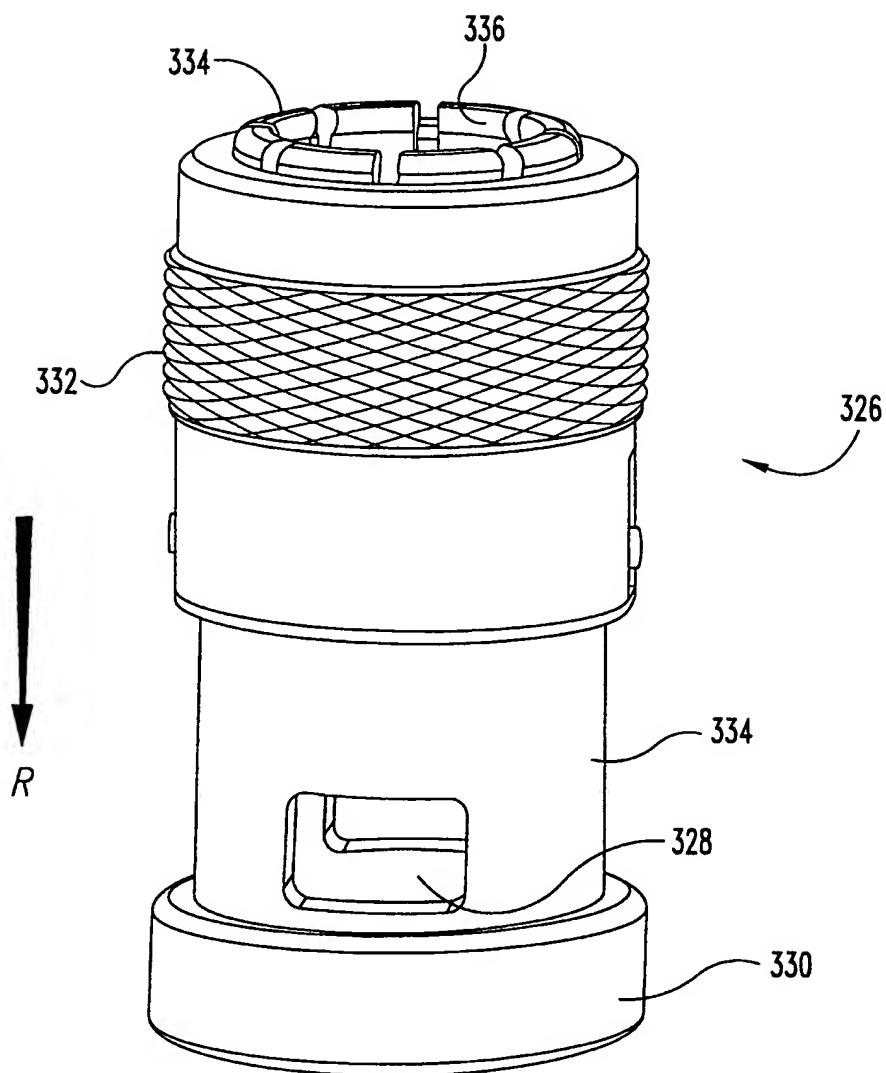
**Fig. 25**



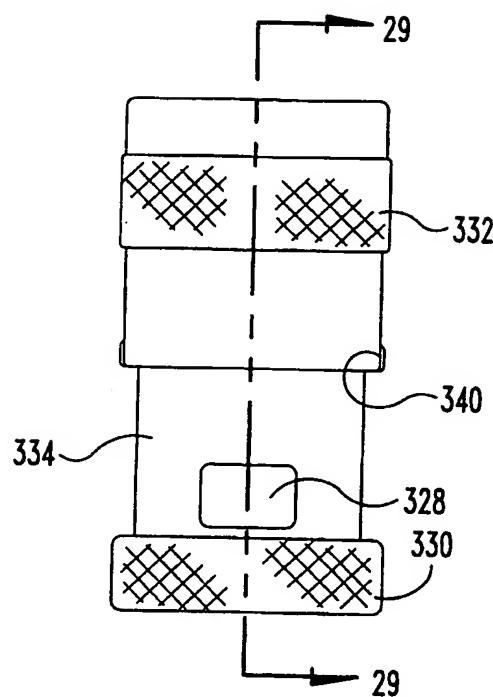
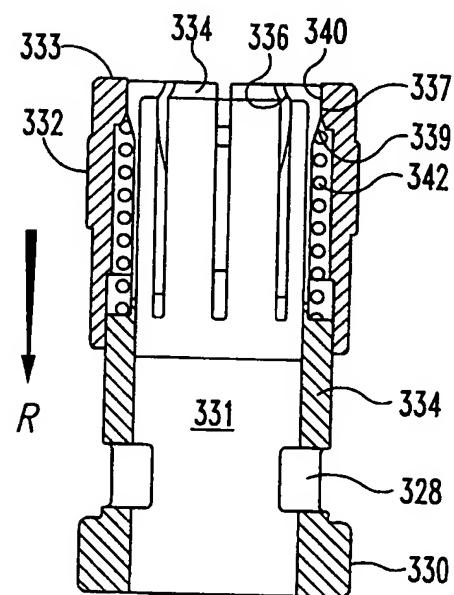
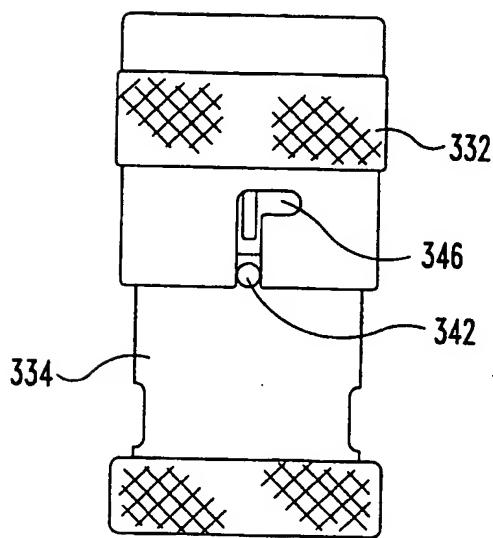
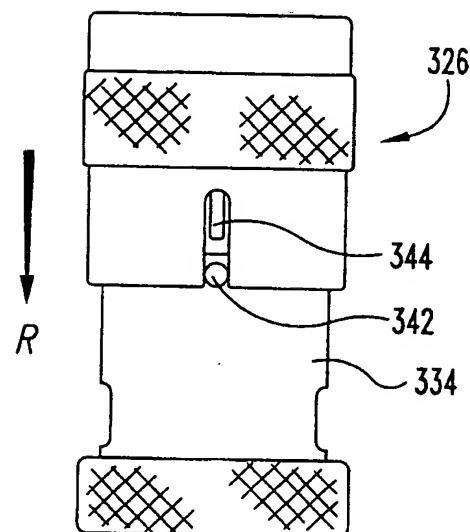
**Fig. 26a**



**Fig. 26b**



**Fig. 27**

**Fig. 28****Fig. 29****Fig. 31****Fig. 30**

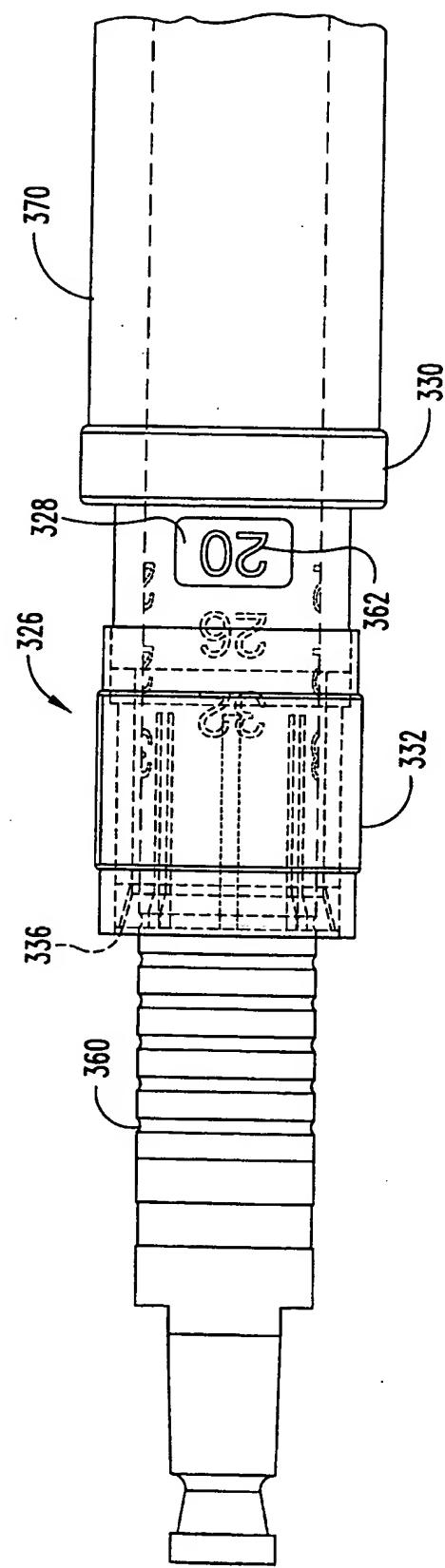


Fig. 32